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A LUCKY GROUP OF FANS AND JOURNALISTS JOIN RIHANNA ON HER JUMBO JET FOR A 7-DAY TOUR PAGE 26

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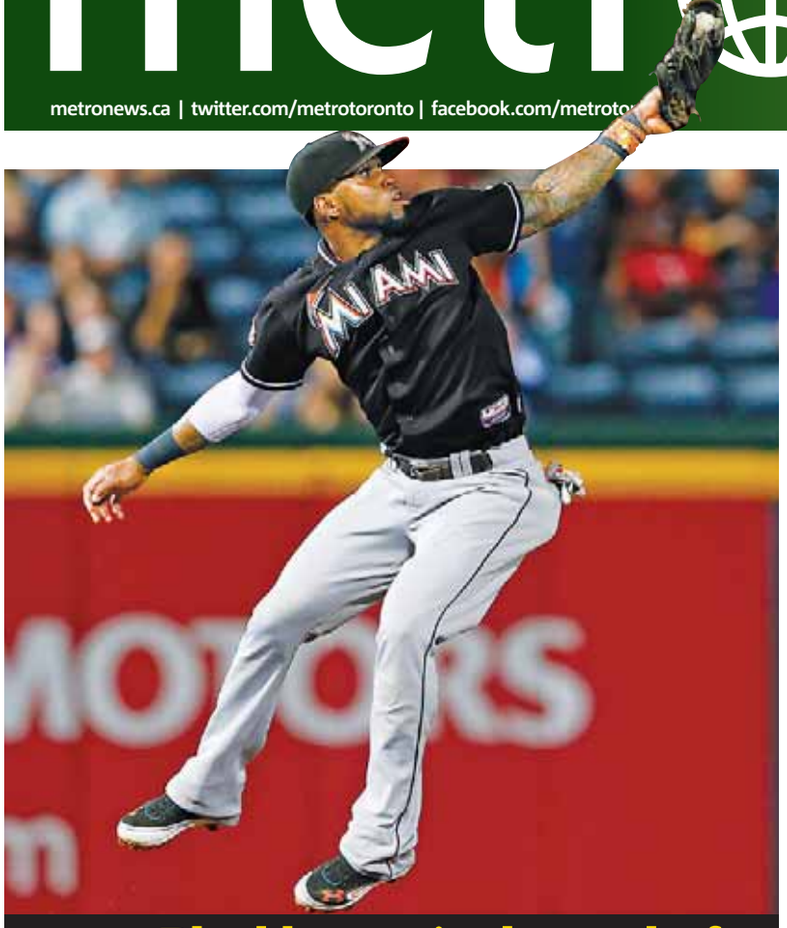

Blockbuster in the works for

JAYS TO REEL IN MARLINS

Jose Reyes of the Miami Marlins makes a leaping catch at Turner Field this past September in Atlanta. Reyes is among the players reported to be part of a trade between the Blue Jays and Marlins. The Jays, in turn, are reported to be sending Henderson Alvarez, Yunel Escobar, Adeiny Hechavarria and Justin Nicolino among others. The deal would also send Josh Johnson, Mark Buehrle, and John Buck to Toronto. Story, page 49. KEVIN C. COX/GETTY IMAGES FILE

OLG could take casino business to another city

Casi-yes or casi-no.
After months of wooing reluctant T.O., exec's casino speech appears to be a warning

After nine months of intensely wooing Toronto, the Ontario Lottery and Gaming Corp. says it's "not wedded" to the city as a casino host and might pull more revenue out of another GTA location.

In what seemed to be a warning to Torontonians to get behind the casino push or miss a huge economic opportunity, OLG chief executive Rod Phillips made the argument Tuesday at a business luncheon.

"Lower costs (outside Toronto) combined with greater convenience could mean more direct profit for the province — as opposed to the broader economic benefits of greater employment, capital investment and tourism that are all part of an iconic downtown facility," Phillips said.

Other communities in the running to be a host for the new GTA casino — Markham, Mississauga and Vaughan — stand to gain a windfall of new jobs and other benefits even with a more modest facility, he added.

The argument seems to contradict past statements from Finance Minister Dwight Duncan and OLG chair Paul Godfrey suggesting a downtown or waterfront casino-resort would bring the most revenue to the province.

The casino question has split city council. Grassroots groups are forming in opposition and "No casino" signs are starting to pop up on lawns.

Coun. Adam Vaughan, a vocal opponent of a downtown Toronto casino, urged OLG to "stop trying to pit municipalities against one another, stop with the petty theatrics, the pretty pictures and the lobbyists, and have a real discussion with municipalities based on real numbers."

TORSTAR NEWS SERVICE

Crimp my ride

A Metro reporter uses her 'helmet cam' to show how cumbersome Sherbourne Street's incomplete bike lanes are for cyclists PAGE 3

Brains still alive, ticking

Doc spotlights researchers' incredible work with patients in a vegetative state PAGE 12

It's an Easter Island miracle

Despite unmarked roads and $1,600 hotel rooms, Chile's remote island delights PAGE 37

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Bike lane removal

Protester arrested

A cycling advocate was arrested for disrupting the removal of the Jarvis bike lane in a second day of protests Tuesday.

Police arrested Tomislav Svoboda, 45, and charged him with mischief to property and obstructing a police officer after Svoboda refused to stop blocking the path of the machine that was removing the paint demarking the Jarvis Street bike lane.

Several protesters blocked the truck's path on Monday and Tuesday, but were not arrested, if they complied with police and eventually moved when asked.

Despite the small group of protesters affiliated with the Jarvis Taskforce, the crew was able to continue some of the work of removing the bike lanes.

The taskforce sent a message to its supporters by mass-text announcing the second day of civil disobedience at Tuesday 10:30 a.m.: "Cyclists are peacefully obstructing crew @ Jarvis/Queen. We encourage people to support them. Please remain peaceful."

JESSICA SMITH/METRO

Labour dispute

Province, teachers set talks guidelines

Both sides in Ontario's teachers' dispute say they're willing to return to talks — but each has set conditions. Premier Dalton McGuinty said Tuesday it "would be helpful" if high school teachers ended their job action. Union president Ken Coran said they'll end the boycott of certain tasks when the government shows it is serious about hammering out a deal.

TORSTAR NEWS SERVICE

1 A large section of the Sherbourne Street bike lanes was still under construction Tuesday.

2 A truck and a van are seen parked in the bike lane on Sherbourne Tuesday morning.

3 A TTC bus pulls up to the bike lane. Cyclists can be ticketed for passing open bus doors.

4 A red car honks and pulls around Metro reporter Jessica Smith as she bikes on the road because the bike lane is closed.

SCREEN GRABS FROM VIDEO SHOT BY JESSICA SMITH/METRO

No safe place to ride

Bike lanes. As cyclists blocked removal of bike lanes on Jarvis Street Tuesday, Metro's Jessica Smith took a spin down new, partially completed segregated bike lanes on Sherbourne Street with her iPhone duct-taped to her helmet

JESSICA SMITH
jessica.smith@metronews.ca

Riding southbound on Sherbourne Street with a "helmet cam" on Tuesday morning, I found most of the new bikeway is still a construction site, and some drivers found it convenient to stop and turn the few stretches of completed bike lane into a parking lot.

City council had directed staff to "co-ordinate" the construction of the Sherbourne Street Bikeway with the eradication of the Jarvis bike lanes, so cyclists could have a safe route, but that hasn't happened. Toronto's manager of cycling infrastructure Dan Egan said a rainy fall delayed the Sherbourne work, and both streets have to be done before the snow falls, so the Jarvis work has gone ahead before Sherbourne is ready.

Neither street has complete lanes for cyclists, but that doesn't necessarily mean they're in danger, he said.

"I don't think it's as simple as that, but I think it's fair to say that Jarvis won't be as safe for cyclists as it was," said Egan.

Aside from the fact that the Sherbourne bike lanes are unfinished, one of the main complaints from cyclists is that the separation between bike and traffic lane is mostly symbolic — as cars can easily drive over the small, rounded curbs.

"They're kind of weird compared to separated lanes in Montreal, which actually have full curbs and cars can't get over them," said Charlie Randall, a bike courier and photographer. "The (Sherbourne curbs) allow for cars to drive over them, so cars are still parking in the bike lanes, just as they've always parked in bike lanes that aren't raised."

Riding down Sherbourne Tuesday morning, I had to detour around a delivery truck and a van.

"For a lot of people who depend on bike lanes as a lifeline and have them as the only way they feel safe cycling in the city, when there's a car in the bike lane it forces them out into traffic, and for a lot of people it doesn't feel very safe when you're being forced to get that much closer to cars, which could kill you in the end," said Randall.

Egan said the curbs are rounded to allow emergency vehicles to park on the bike lanes as needed, which was necessary because Sherbourne Street is narrow. On wider streets and one-way streets, emergency vehicles can park outside of the bike lane without blocking the entire road.

The city will rely on police to keep other vehicles out of the way, by issuing $150 tickets for blocking the bike lane, said Egan.

"You have to be a bit patient with Sherbourne because it isn't finished yet, it's still a construction zone," said Egan. "There's police enforcement now, but there's going to be a big announcement about a police enforcement campaign along there."

To watch the video, go to metronews.ca

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Stabbing death

Children absent from dad's sentencing

None of the six children of a woman murdered in Toronto by their Afghan father allegedly over their western social habits have submitted victim impact statements at his sentencing hearing. A

Peer Khairi TORSTAR NEWS SERVICE

jury found Peer Khairi, 65, guilty of second-degree murder. TORSTAR NEWS SERVICE

Digital Futures

OCAD students launch magazine

The first class of the new Digital Futures undergraduate program at OCAD University has launched a new online magazine for Toronto-loving teens. Produced in three days, Torontosaur will focus on tech, culture and life in the city.

The Torontosaur project is a digital magazine produced by teens for teens. The team was joined by numerous industry experts, including: Hamutal Dotan, editor of The Torontoist, Shawn Micallef, senior editor and co-owner of Spacing Magazine, and Matt Blackett, co-founder and creative director of Spacing Magazine.

You can find the teen E-zine at torontosaur.ca. METRO

'Crumbling concrete'

Chow asks Feds to boost infrastructure funding

Olivia Chow, who could be running for mayor of Toronto in 2014, is calling on the federal government to boost funding for municipal infrastructure.

The Toronto MP and NDP transport and infrastructure critic picked the Gardiner Expressway as a backdrop to highlight her concern that cities are falling behind.

"My job is to make sure that of the tax dollars we send to the federal government, some of it gets returned to the city so we don't have crumbling concrete falling on us several times a year," Chow said Tuesday. TORSTAR NEWS SERVICE

Boardwalk Pub owner had no choice but to sue, lawyer says

In hot water. Ford's defence argues for broad freedom to speak on campaign trail

Mayor Rob Ford's legal team argues that comments he made about corruption at city hall during his 2010 campaign were made in the public's interest, and that politicians must be allowed to speak freely on controversial issues.

This is the backbone of Ford's defence in the $6 million libel case brought against him two years ago by restaurateur George Foulidis, whose family runs the Boardwalk Pub in the Beach.

At the heart of this case are statements Ford made while running for mayor. At the time, city hall was embroiled in a debate about sole-sourced contracts, and the Boardwalk Pub deal was at the centre of that firestorm.

Back in 2006, councillors voted to renew the 20-year lease held by the Foulidis family's company, Tuggs Inc., without seeking outside bidders. When the final details came back to council before the election, the Foulidises felt their deal was unfairly politicized.

Quoted

"It is critical ... to a free and democratic society that people know frankly where candidates stand on issues."

Ford's lawyer Gavin Tighe

Initially, the trial was supposed to last only four days, but the mayor is "unavailable" Wednesday and Thursday afternoons. Ford twice refused to comment on why he could not attend his trial, although the high school football team he coaches has an important game at 2 p.m. Thursday in Scarborough. This will probably push the hearing well into next week.

In his opening statement, Ford's lawyer Gavin Tighe argued that the Supreme Court has recognized politicians have the right to "ventilate" issues of public importance. This is especially important during an election, he argued.

"Mr. Foulidis was left with no choice but to go public" following the "blatant attacks on his integrity," Foulidis's lawyer Brian Shiller claimed in his opening statement. TORSTAR NEWS SERVICE

Owner of the Boardwalk Pub, George Foulidis, arrives at court Tuesday. Toronto Mayor Rob Ford is in court defending against a $6 million libel lawsuit.
CARLOS OSORIO/TORSTAR NEWS SERVICE

Were cave men smarter than us?

Forget moon landings and Monet, the invention of the Internet and the discovery of insulin. One Stanford University biologist thinks we've actually become less intelligent since the days our cave-dwelling ancestors roamed the Earth.

In a study recently published in the journal Trends in Genetics, Dr. Gerald Crabtree argues that human intelligence peaked at the time of hunter-gatherers and has since declined as a result of "genetic mutations" that have slowly eroded the human brain's intellectual and emotional abilities.

The argument, which lends weight to the controversial hypothesis that human intelligence is determined by genetics as opposed to the environment, is based on the notion that a large pool of genes must be functioning at full capacity to optimize intellectual and emotional behaviour. TORSTAR NEWS SERVICE

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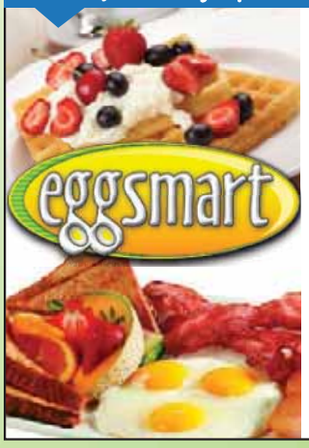

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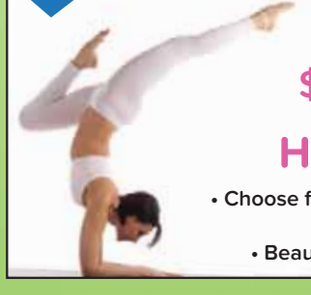

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Ex 'gay penguins' part of egg-stravaganza

Toronto Zoo. Buddy and Pedro lay eggs with their female mates

Eggs are popping out all over the place in the Toronto Zoo's African penguin exhibit and half of them belong to Buddy and Pedro, the former same-sex pair whose bromance made international headlines last year.

Buddy and Pedro and their female mates are among two of four pairings of endangered African penguins at the zoo that in the last few days have collectively laid six eggs.

Depending on which eggs are fertilized, the hatching should start sometime in mid-December.

But zoo officials and staff have their fingers crossed because there are no guarantees.

Bromance

Buddy and Pedro were initially inseparable last year, standing close together and making amorous noises. Some people dubbed them the "gay penguins" a curiosity that launched them to worldwide fame.

For instance, Buddy and his partner, Farai, laid two eggs that hatched last February, but sadly the excited new parents built a too-tight nest and smothered the chicks to death accidently. This time they have one egg, a second expected later this week.

Pedro and his partner, Thandiwe, recently laid two eggs, their first time doing so, explained Tom Mason, the zoo's curator of birds and invertebrates.

TORSTAR NEWS SERVICE

Male African penguin Pedro, left, with fellow penguin Buddy.
TARA WALTON/TORSTAR NEWS SERVICE

Peel. I was not in conflict, Mayor McCallion says

Mississauga Mayor Hazel McCallion. KEITH BEATY/TORSTAR NEWS SERVICE

Denying any conflict of interest, Mayor Hazel McCallion says she was simply treating all Peel Region residents the same when she supported lower regional development fees — a change that could have saved her son's company millions of dollars.

In an affidavit sworn Sunday for a case now before the Ontario Superior Court, Mississauga's mayor challenges the allegation that she breached the provincial Conflict of Interest Act during regional council meetings in the fall of 2007. At those meetings, she introduced a motion and voted on others that sought to keep lower development fees in place until a later deadline. The grandfathering of the fees had the potential to save her son's company $11 million.

"I deny that I was in a conflict of interest with respect to votes at Peel regional council and general committee in relation to the 2007 development charges bylaw," McCallion states in the affidavit. "I believed, and continue to believe, that the bylaw itself was a bylaw of general application such that all individuals in Peel were affected, and would be affected for a period of approximately five years."

Ontario's Municipal Conflict of Interest Act states that an elected official does not have to declare a conflict and refrain from voting if they or their children have a financial interest in a matter that is "in common with electors generally."

A full hearing in the case against Hazel McCallion is set to begin April 8.

TORSTAR NEWS SERVICE

Life threatening injuries

Garbage truck crushes cyclist

A cyclist was left flighting for her life Tuesday following a morning rush-hour collision with a garbage truck that initially left, but then returned to the scene of the downtown crash.

The twisted bicycle of the woman, 38, lay for hours in the taped-off Yonge Street intersection as police reconstruction experts examined the scene.

The incident occurred during the morning rush hour near Ryerson University as the woman rode across Yonge Street at Gerrard Street.

The Green For Life truck, travelling in the same direction, made a right turn, its back wheel crushing the woman, police said.

"Apparently, the vehicle did leave the scene but has returned," Const. Clint Stibbe said.

Police were unable to offer any details on the victim beyond her age but said she was taken to hospital "suffering serious life-threatening injuries." THE CANADIAN PRESS

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Modern-day Rasputin jailed

France. Swindler gets eight years for brainwashing French aristocratic family into handing over their fortune and home

A man described as a modern-day Rasputin was convicted Tuesday of brainwashing three generations of an aristocratic French family for nearly a decade, swindling them of their fortune and their turreted manor.

Thierry Tilly, who was sentenced to eight years in prison by a court in Bordeaux, became a confidante of the landed Vedrines family in 2000. Over nine years, the man who local media dubbed "the guru" manipulated the family of 11 — aged from 16 to 89 — into believing there was a secret masonic plot against their lives, according to court testimony.

Family members were so convinced of his story that they locked themselves inside their chateau for several years, terrified they would be killed. They sold their possessions — including the family manor — and handed over $5.7 million US.

The case raised echoes of the trial involving France's richest woman, 90-year-old L'Oreal heiress Liliane Bettencourt, who was swindled by a French tax lawyer into handing over a private Seychelles island to him.

THE ASSOCIATED PRESS

Moving on

"The trial is behind us and we will do everything to rebuild."

Christine de Vedrines, a family member who had alerted police to Thierry Tilly

Christine de Vedrines, centre, and Philippe de Vedrines, right, leave the Bordeaux court in France Tuesday. Thierry Tilly, an alleged modern-day Rasputin, has been convicted of swindling the aristocratic French family of their fortune and their turreted manor. THE ASSOCIATED PRESS

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Belize. McAfee software founder denies role in neighbour's death

Software-company founder John McAfee is denying any role in the slaying of his neighbour on a Caribbean island, according to an online article posted for Wired magazine.

Wired said McAfee called a reporter on Monday to say he was hiding from police who want to question him about the death of 52-year-old Gregory Viant Faull, whose body was found on Sunday. He is quoted as saying police would kill him if they find him.

McAfee said he saw police coming on Sunday and hid, burying himself in the sand and putting a cardboard box over his head so he could breathe, according to the article.

McAfee reportedly said that whoever shot Faull may have been gunning for him instead and mistakenly killed his neighbour.

Faull was found with a gunshot wound to his head inside his two-storey home north of San Pedro, a town on the island of Ambergris Caye, said Raphael Martinez, spokesman for Belize's Ministry of National Security. The housekeeper discovered the body Sunday morning and called police.

Software-company founder John McAfee YOUTUBE

Martinez said that no charges had been filed in the case.

Belize police said Tuesday that McAfee, 67, remains a "person of interest" in the death of Faull, not a suspect, and that he is being sought for routine questioning. They believe he is still in Belize, but they have also contacted authorities in Mexico and Guatemala, which border Belize, for help in locating McAfee.

McAfee sold his stake in the anti-virus software company that is named for him in the early 1990s and moved to Belize about three years ago to lower his taxes.

THE ASSOCIATED PRESS

United Arab Emirates

Gulf state cracks down on online activism

The United Arab Emirates set stricter Internet monitoring and enforcement codes Tuesday that include wider leeway to crack down on web activists for offences such as mocking the rulers or calling for demonstrations.

This month, a Bahraini man was jailed for six months on charges of insulting the king in Twitter posts. In September, a journalist-blogger in Oman received a one-year prison term for alleged anti-government writings.

THE ASSOCIATED PRESS

China conclave

Communist officials embrace social media

During China's last party congress, officials didn't know a hashtag from a hyperlink. But five years on, they have embraced social media with unprecedented enthusiasm, hoping it can stir up excitement about the staid party meeting this week.

Dozens of delegates are using social media to post about party leader Hu Jintao's reading of highlights from the party work report. But it is also being used by the public to poke fun at the propaganda. THE ASSOCIATED PRESS

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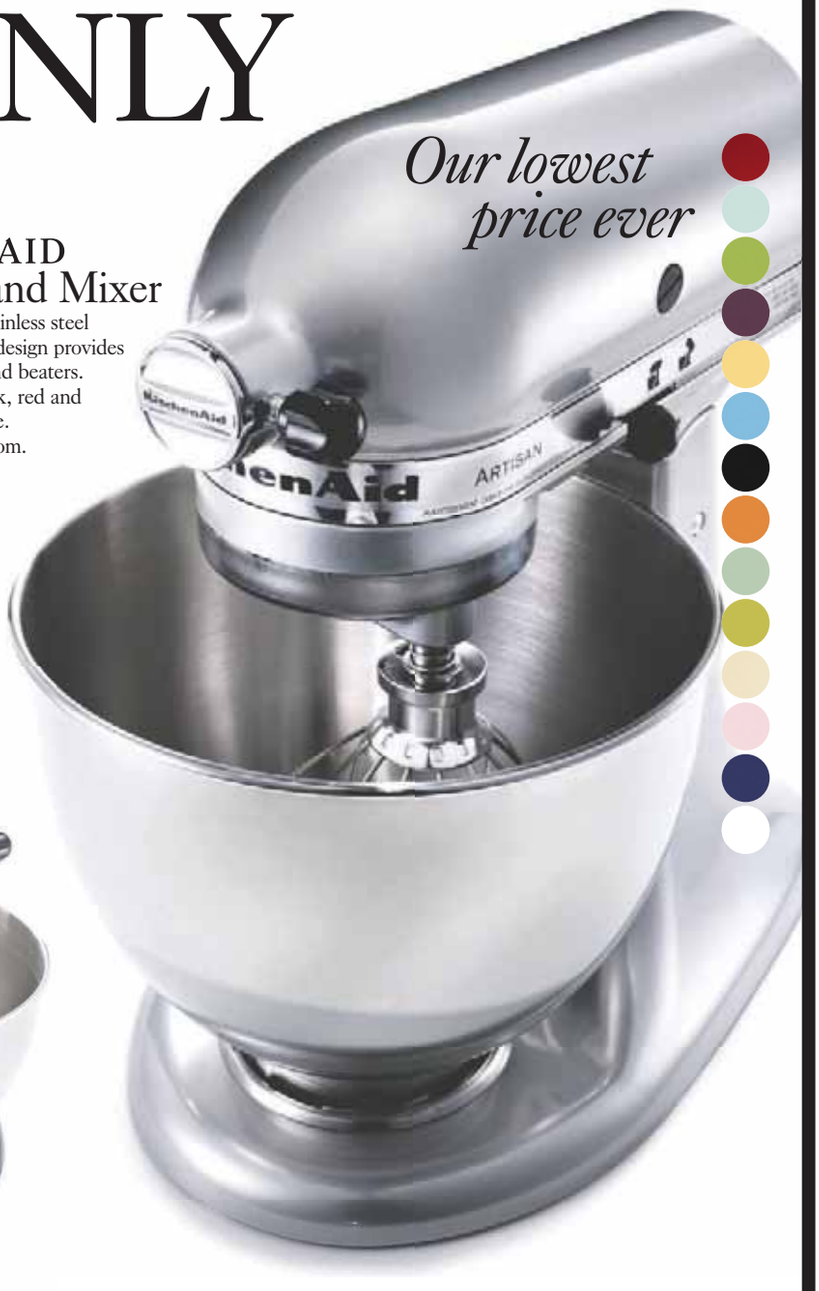

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Ontario, doctors agree on new deal

Fee cuts reversed.
Deal worth $11.1B each year adds $100M in compensation

Ontario's cash-strapped government reversed some earlier fee cuts that were supposed to save $340 million a year to reach a new agreement with the province's doctors, Health Minister Deb Matthews announced Tuesday.

The tentative fee agreement with the Ontario Medical Association, worth $11.1 billion a year, adds $100 million to the total compensation package for doctors but includes savings in other areas to completely offset the increase, added Matthews.

"I'm very, very pleased that we were able to sit down with the OMA and really work with them in a very serious, deliberate fashion to meet our fiscal mandate," she told reporters.

"Yes, there is a little bit more in the physician services envelope, but every penny of that is offset by system savings that doctors control."

Court challenge

Bargaining teams for 36,000 OPSEU members sat down Tuesday with government negotiators for the first time. OPSEU has joined CUPE and two teachers' unions in launching a court challenge of the Liberals' bill that would freeze the salary of most teachers, saying it infringes on collective bargaining rights.

The $100 million won't even cover the fees for the 600 new doctors who set up shop in Ontario each year, added the minister.

The two-year deal provides increased payments for lumbar spine X-rays, CT scans and doctors' home visits to seniors, as well as reversing six of the 34 fee cuts the government made in May for such things as an after-hours premium, a flat fee for anaesthesia and self-referral fees.

"We were prepared to listen to doctors, and if they had a better way of achieving the same objective we're prepared to work with them," said Matthews.

The OMA had launched a court challenge of the fee cuts announced last spring, but said Tuesday it was pleased the government agreed to reverse some of those cuts.

"I think through creative thinking we have achieved a number of new ideas in terms of finding savings that are evidence based that will make the health care system more sustainable, and at the same time will allow the physician services budget to increase," said OMA president Dr. Doug Weir in an interview.

"So in that way it's respectful of doctors and will be good for patients."

The agreement with the OMA is scheduled to be voted on by 25,000 doctors next month.

Matthews said it does meet the province's objective of freezing the wages of all public sector workers for two years to trim a $14.4-billion deficit. THE CANADIAN PRESS

Google offices far from par for the course

Google employee Andrea Janus putts on a mini-putt course on a terrace in the new Google Canada offices in Toronto on Tuesday, when the media was given a tour of the five-floor, colour co-ordinated office space on Richmond Street West. The free lunches — a big Google perk — are also colour-coded, based on the colours of the firm's logo. Each colour indicates how healthy the food is. FRANK GUNN/THE CANADIAN PRESS

Hall-Findlay launches new Liberal bid from Alberta

Martha Hall-Findlay
ADRIAN WYLD/THE CANADIAN PRESS

Martha Hall-Findlay is taking another run for the federal Liberal leadership, backed by the strategist who helped deliver the surprise wins for Calgary Mayor Naheed Nenshi and Alberta Premier Alison Redford.

Stephen Carter, who calls himself a "post-partisan" political consultant, says he's helping Hall-Findlay because they both want to inject some energy and democracy into a contest that many say is already decided in favour of front-runner Justin Trudeau.

Her announcement will be made in Calgary on Wednesday, the official beginning of the five-month-long contest that ends on April 14, 2013. A flurry of other leadership-candidate announcements are also expected in the days and weeks ahead.

Quoted

"She's willing to tilt at the windmills that need to be tilted at, in order to change the fate of the Liberal party."
Stephen Carter

Hall-Findlay will be the only one in the current federal Liberal race who has run before as a leadership candidate, though she placed last in 2006. Since then, she has won and lost a seat as the Liberal MP for the GTA riding of Willowdale.

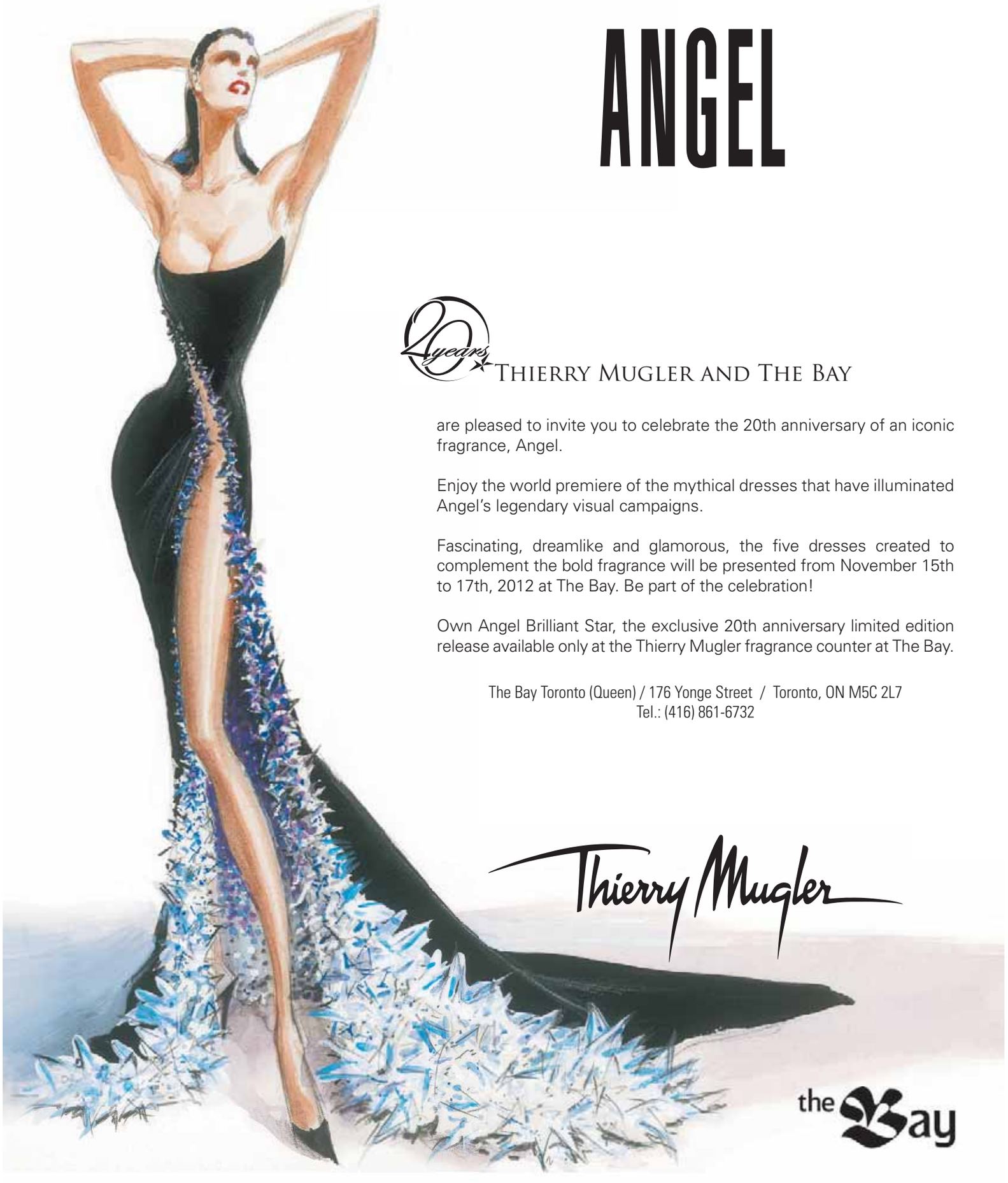
Now an executive fellow at the University of Calgary, Hall-Findlay's platform and organization appear far more grounded in Alberta than in her old home province of Ontario.

Several months ago, she co-authored a paper arguing for the dismantling of Canada's supply-management system and she has also come out firmly in support of the oilsands in Alberta.

Hall-Findlay was a never-elected, virtual unknown in 2006 and her leadership candidacy was seen by many then as audacious — a lost cause from the outset.

But six years later, Hall-Findlay is one of the experienced insiders in the race. She seems to have blazed a trail for others — also non-elected, non-household names in the Liberal party — to make similarly audacious runs for the leadership this time. In fact, the majority of the candidates in the race will probably fall into that category.

Karen McCrimmon, a retired lieutenant-colonel from the Canadian Forces, who ran unsuccessfully as a Liberal candidate in the Ottawa riding of Carleton-Mississippi Mills in 2011, is also announcing her candidacy on Wednesday evening. TORSTAR NEWS SERVICE



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Surrey Mountie killed in car crash. RCMP remembers fallen officer

The Surrey, B.C., Mountie killed when his unmarked cruiser collided with a transport truck early Tuesday will be remembered as an "outstanding" officer with a family history of RCMP service.

Const. Adrian Oliver, 28, was on duty and returning to the Surrey RCMP detachment when the crash occurred at 148th Street and 64th Avenue around 5 a.m. The investigation into his death is ongoing as a team works to reconstruct the collision. EMILY JACKSON/METRO

RCMP Const. Adrian Oliver
RCMP HANDOUT/THE CANADIAN PRESS

Order of Canada

Former premier receives medal

The wife of former Alberta premier Ralph Klein dabbed at her teary eyes as she received an Order of Canada medal on her ailing husband's behalf. Gov. Gen. David Johnston also presented Colleen Klein with a Queen's Diamond Jubilee medal at the small ceremony at Calgary City Hall. THE CANADIAN PRESS

Bullying

B.C. goes online to tackle bullying

The B.C. government has unveiled an online tool designed to let children anonymously report bullying to school administrators.

The tool presents children with a form for them to record what happened, and they can choose whether they want school staff to contact them.
THE CANADIAN PRESS

Western U. scientists tap into vegetative brain

Positive signs. Routley communicates that he 'isn't in pain' to a group of researchers at Western's Brain and Mind Institute

ANGELA MULLINS
Metro in London, Ont.

A team of University of Western Ontario neuroscientists are getting international attention for what they've known for years.

Patients in a vegetative state may not be able to talk or physically react to questions, but tests show many of their brains are alive and ticking, the doctors say.

London's Scott Routley, a 39-year-old with brain trauma from a motor-vehicle accident, has quickly become the medical discovery's poster child. Although Routley hasn't spoken for 12 years, he recently told a research team from Western's Brain and Mind Institute that he isn't in pain.

BBC's Panorama

A look into the vegetative state:

- The BBC filmed University of Western Ontario researchers and neuroscientists for a documentary that followed vegetative patients in Britain and Canada.
- The Panorama program aired on Tuesday.

The message — considered the first of its kind from a patient like Routley — was conveyed this summer through an MRI scan of his brain, explained researcher Dr. Damian Cruse. Cruse and other members of the team discovered in 2010 that at least some people with severe brain injuries can think about things on command.

"The exciting thing that we've been able to do is start asking clinically relevant questions," Cruse said, something that will allow doctors to understand more about their patients.

Scott Routley has been able to communicate through his brain activity, say scientists at the University of Western Ontario. COURTESY OF BBC/FERGUS WALSH

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They failed to die for their cause, now they tell all

Suicide bombers. Former top Israeli intelligence officer persuades them to reveal why they volunteered to kill

GRAHAM LANKTREE
Metro in Ottawa

What makes a suicide bomber?

Former top Israeli intelligence officer Yoram Schweitzer decided to find out.

For two and a half years, he interviewed would-be bombers whose missions failed.

Many, both men and women, don't consider themselves suicide bombers, but soldiers, he told students and faculty at Carleton University ahead of a talk at the University of Ottawa's Centre for International Policy Studies.

Quoted

"I really wanted to listen to what they had to say. To have it coming from their mouth and listen to how they articulated their arguments and motivations."

Yoram Schweitzer,
One-time head of the Israeli Defence Forces' Counter International Terror Section.

"Most of them are not suicidal," he said.

"They perceive themselves to be soldiers in their own way. This was the easiest thing to do, in a sense, to press a button.

"Many are not part of the terrorist organizations, they just volunteer for the mission."

Were the would-be bombers disappointed by the failure of their missions? Schweitzer wondered.

"They themselves told me that it was God's decision," he said.

"They said, 'I was ready to sacrifice myself, I knew the risks. If God decided that I'm still here, then I'm here.'"

Schweitzer went on: "Some of their stories are quite touching. As more time went on, I could listen and try to understand the mindset of a terrorist.

"This phenomenon of suicide terrorism seems to be very individual at the end of the day."

Israel was hit by more than 60 suicide bombings in 2002. But since that spike, casualties inside the country have been brought down to nearly zero — a feat accomplished largely through information sharing between different Israeli military organizations, Schweitzer said.

Mud, glorious mud ... not!

There goes the neighbourhood. Residents of the Hillside Park area in Daly City, Calif., woke up Tuesday to flooded streets and vehicles buried in mud after a broken water main sent nearly 200,000 litres of water spewing down a grassy hillside. ERIC RISBERG/THE ASSOCIATED PRESS

'Painful' claim

Mr. Elmo's teen accuser recants

A man who accused Elmo puppeteer Kevin Clash of having sex with him when he was a teen has recanted his story.

In a quick turnabout, the man on Tuesday described his sexual relationship with Clash as adult and consensual.

Clash said he is "relieved this painful allegation has been put to rest."

The man, who has not identified himself, released his statement through a Harrisburg, Pa., law firm.

The whirlwind episode began Monday, when Sesame Workshop — which produces Sesame Street — announced that Clash had taken a leave of absence in the wake of allegations he had a relationship with a 16 year old.

Clash is a 52-year-old divorced father of a grown daughter. His accuser is in his early 20s.

Clash acknowledged he is gay.

THE ASSOCIATED PRESS

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Paying high insurance rates because you're a high-risk driver?

There are still ways to save on car insurance.

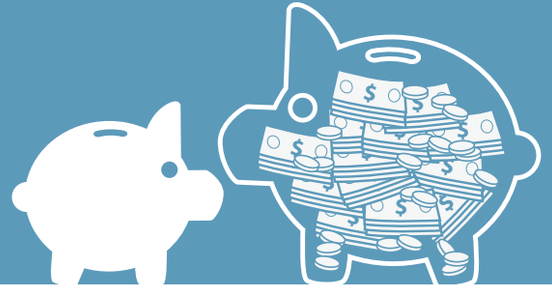
A high-risk driver is someone who, due to a combination of factors, presents a high likelihood of a claim. There is a combination of things that would work together to give you this status, as it's usually not just one incident. New drivers or drivers who have multiple tickets and accidents on their driving record are typically labeled as high-risk drivers. This presents a high likelihood of having an at-fault accident that the insurance company will have to pay for in the event of a claim.

High-risk drivers usually pay much higher insurance rates; and some insurance companies will not renew their policy. If that occurs, there are still options for the high-risk driver.

Insurance for High Risk Drivers. Even if you have been with the same company for many years, the level of risk may lead to a non-renewal of the policy. When faced with the inability to qualify for a standard policy, high-risk drivers can turn to specialty auto insurance companies for coverage. Today, there are many more choices than there once were for high-risk drivers to obtain coverage. A number of insurance companies have stepped up to fill the gap and help these drivers get back on the road. It's important that high-risk drivers take this seriously and focus on becoming safer drivers in order to get back to a low-risk status.

Saving on High-Risk Insurance. By its nature, high-risk insurance costs more than a standard policy. Because the risk of a claim is much higher, the insurance company must spread some of the risk and increase the cost of premium; for protection in the event of a large claim. This does not mean there is no way to save on insurance if you are a high-risk driver; it's just a little trickier. The number one way for a high-risk driver to save money is to shop around. Use a quoting site like InsuranceHotline.com, to get quotes from over 30 insurance companies and compare insurance rates for free. You could save money in just a few minutes.

The difference between **thinking** you have a good rate and **knowing** you have a great rate.



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PM's blast puts Ashley Smith inquest on track

Co-operate, said Harper. And now, after outrage over videos, all parties in probe try to get along

Ashley Smith is surrounded by guards at the Joliette Institution in Quebec in this image made from video. She was shunted among nine different prisons in five provinces. HANDOUT PHOTO/THE CANADIAN PRESS

The long-delayed inquest into the jail death of a troubled teenager finally appeared to be on track Tuesday.

There were unprecedented signs of co-operation by prison authorities and doctors who had been fighting tooth and nail to limit damning details.

Instead of the legal wrangling that has become the hallmark of the Toronto probe into the death of Ashley Smith, the parties spent a few hours in rare agreement before proceedings were adjourned until the new year.

Earlier, the screening of disturbing videos sparked widespread outrage.

The videos showed authorities duct-taping a hooded, docile Smith to her airplane seat and injecting her against her will with tranquilizers.

Prime Minister Stephen Harper called authorities' treatment of Smith unacceptable and ordered them to co-operate with the inquest.

Smith, 19, died in her cell after wrapping cloth around her neck. Guards who were ordered not to intervene stood watch outside her cell.

THE CANADIAN PRESS

Missing women, kids

Hot tortillas come with a message: Help wrap up this cold case

A border state in northern Mexico is trying something it hopes will be more effective than photos on milk cartons to help find missing women and children.

It's using advertisements on tortilla wrappers.

At least three dozen tortilla shops have joined in the Chihuahua state campaign to print appeals for help on the thin paper wrappers that shopkeepers use to wrap up a pound or two of hot tortillas at a time.

"The disappearances in Juarez have to disappear," the ads read.

They are accompanied by photos of "disappeared" people: A woman's bodyless clothing walks down a street appearing to hold a shopping bag; a little girl's shoes and socks stand on a curbside. The wrappers include a phone number for reporting.

The campaign started this week, and has been welcomed by shopkeepers and customers in the violence-wracked border city of Ciudad Juarez.

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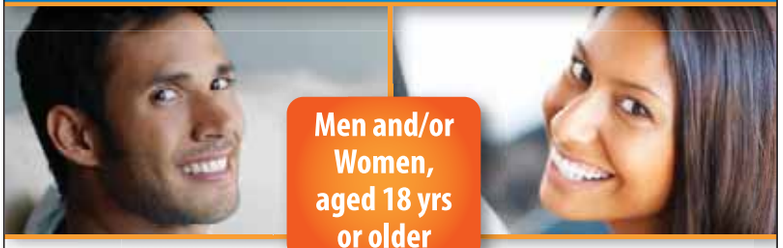
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Thailand. 600 deadly cobras found in pickup truck, driver arrested

Thai authorities have seized a pickup truck full of deadly cobras at a checkpoint in the country's central region. They believe the snakes came from Malaysia and were destined for a third country for use in traditional medicine or human consumption.

Thai Customs chief Benja Louicharoen said Tuesday that officials found 600 cobras worth about $16,500 in mesh bags inside plastic baskets in the truck.

Officials arrested the Thai driver after the suspicious vehicle was stopped 210 kilometres south of Bangkok.

Benja said the man confessed that he was delivering the snakes to northeast Thailand, where they were to be smuggled over the border into Laos.

Thailand is a major transit country for illegal wildlife trafficking in Asia.

THE ASSOCIATED PRESS

Black market

$16,500

Dollar value of 600 cobras heading for illegal market

One of 600 cobras seized by Thai Customs is shown. THE ASSOCIATED PRESS

North Carolina

Court ruling may end possum drop

An annual tradition known as a possum drop that attracts thousands of people to a tiny town in North Carolina each New Year's Eve may be ending after a judge ruled Tuesday that a state agency didn't have the authority to issue a permit for the event.

The ruling would end a 19-year tradition of suspending the marsupials in a see-through box covered with holiday tinsel and lowering it to the ground at midnight. People for the Ethical Treatment of Animals had sued the North Carolina Wildlife Resources Commission, which issues the permit for the event, saying it's illegal and cruel.

"Citizens are prohibited from capturing and using wild animals for pets or amusement," Judge Fred Morrison wrote in his ruling. THE ASSOCIATED PRESS

Another U.S. general under investigation

Scandal widens.
Top U.S. commander in Afghanistan investigated; promotion on hold

The sex scandal that led to CIA Director David Petraeus' resignation widened Tuesday, with the top U.S. commander in Afghanistan under investigation for alleged "inappropriate communications" with a woman who received threatening emails from Petraeus' former lover.

Some of the 20,000-plus pages of documents and emails between Gen. John Allen and Florida socialite Jill Kelley were "flirtatious," a senior defence official said. The official spoke on condition of anonymity because he wasn't authorized to discuss the case publicly.

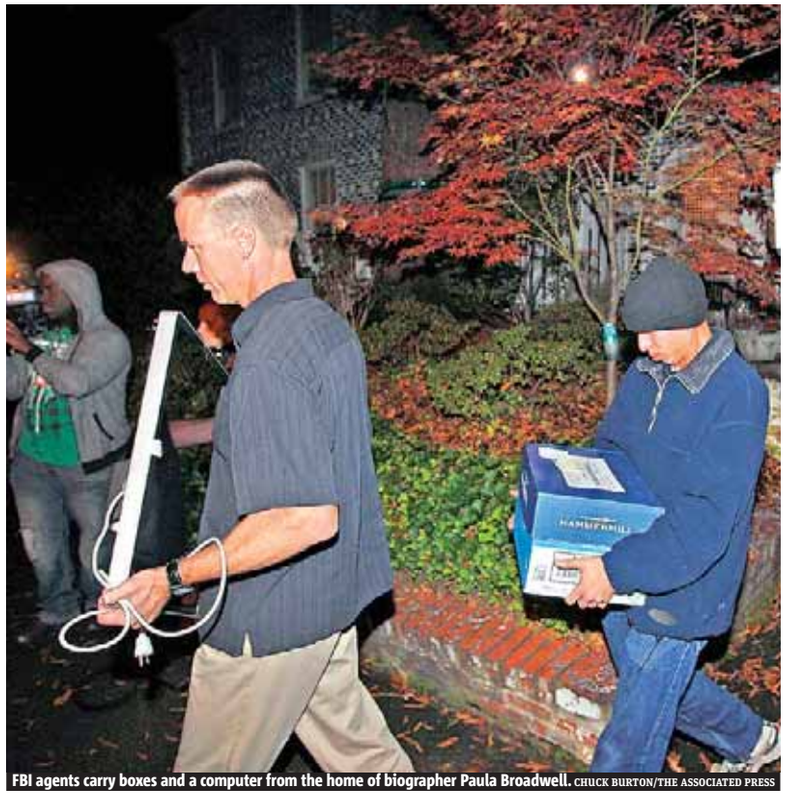
Defence Secretary Leon Panetta revealed earlier Tuesday that the Pentagon had begun an internal investigation into the emails.

Allen succeeded Petraeus as the top American commander in Afghanistan in July 2011, and his nomination to become the next commander of the U.S. European Command and the commander of NATO forces in Europe has been put on hold.

In a White House statement Tuesday, National Security spokesman Tommy Vietor said President Barack Obama "remains focused on fully supporting our extraordinary troops and coalition partners in Afghanistan, who Gen. Allen continues to lead as he has so ably done for over a year."

Meanwhile, FBI searched the home of biographer Paula Broadwell.

THE ASSOCIATED PRESS



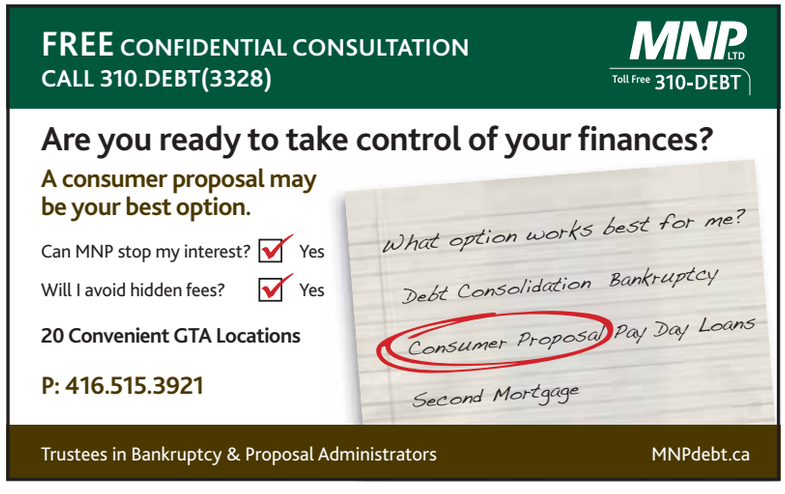
FBI agents carry boxes and a computer from the home of biographer Paula Broadwell. CHUCK BURTON/THE ASSOCIATED PRESS

U.S. Gen. John Allen
THE ASSOCIATED PRESS

Case update

Paula Broadwell's threatening emails to Jill Kelley, a 37-year-old family friend of David Petraeus, led to the FBI's discovery of communications between Broadwell and Petraeus indicating they were having an affair.

- In the latest revelations, a Pentagon official would not say whether the communications are thought to include unauthorized disclosure of classified information. He said he did not know whether Petraeus is mentioned.
- Jill Kelley on Tuesday sat in her Florida home with the curtains open, in view of the media.
- If Allen is found to have had an affair, he could face military charges of adultery.



Toy story

This image released by Good Housekeeping shows a variety of board games, including Brain Toys Argh!, Educational Insights Sci or Fi Files, Gamewright's Scrambled States of America, Deluxe Edition, Gamewright's Elephant's Trunk, ThinkFun's Yackety Smack! and Haba's My Very First Educational Play Zoo.

These board games have made it onto the Good Housekeeping's annual Best Toys list for 2012. Engineers reviewed hundreds of toys for safety and educational merits. But the true test comes from 140 kids, ages 3 to 13, who play with the top 135 new toys at the magazine's product-testing laboratory in New York. For board games and more information visit goodhousekeeping.com/toyawards.

BEN GOLDSTEIN OF STUDIO D /THE ASSOCIATED PRESS/ GOOD HOUSEKEEPING

5S. Apple to launch new iPhone, iPad and 'iTV' in 2013: Chinese biz paper

iVolve. New phone may be required to fix scratching on aluminum casing on current version: Sources

Apple Inc. will launch a new iPhone in the first quarter of 2013, followed by a refreshed iPad and debut of the long rumoured "iTV" by mid-year, says Chinese-language business newspaper Commercial Times.

Translated by DigiTimes, the report said Cupertino, Ca.-based Apple will start trial production next month of a modestly upgraded version dubbed iPhone 5S, with a small initial run of 50,000-100,000 units.

A new iPhone could be required to fix scratching reported with the current aluminum casing that might be replaced by plastic, online sources speculated Tuesday.

Taiwan-based newspaper DigiTimes, citing Commercial Times, also said a fifth version of the iPad is planned for the second quarter to adjust lower than expected display resolution on the mini-iPad that was unveiled in October.

TORSTAR NEWS SERVICE

The future is now-ish

Piper Jaffray analyst Gene Munster has been predicting an Apple-branded big-screen TV since 2009.

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BHP Billiton sells diamonds business to Harry Winston

$500M deal. Agreement includes stake in Canada's first diamond mine

BHP Billiton is selling its diamonds business, including its stake in the Ekati diamond mine in the Northwest Territories, to Harry Winston Diamond Mines Ltd. for $500 million US in cash.

Under the deal, BHP Billiton's employees working at Ekati, in Yellowknife and in diamonds marketing in Antwerp, Belgium, will join Harry Winston, a Toronto-based mining and retail company.

"The mine's success is a credit to the people who work there, at Yellowknife and with the marketing team in Antwerp," said Tim Cutt, BHP Billiton Diamonds & Specialty Products president.

"Harry Winston has long experience in the Canadian diamond industry and their commitment to study further development at Ekati could help extend the mine's contribution to Northern Canada for many years to come."

Market Minute

DOLLAR 99.81¢ (-0.06¢)

TSX 12,134.66 (-56.80)

OIL $85.38 US (-19¢)

GOLD $1,724.20 US (-$6.10)

Natural gas: $3.75 US (+18¢)
Dow Jones: 12,756.18 (-58.90)

The Ekati mine, Canada's first diamond mine, is located 310 kilometres northeast of Yellowknife and 200 kilometres south of the Arctic Circle.

Harry Winston said the current Ekati mine plan calls for another seven years of production, but noted there are additional resources which could become economic with increased diamond prices. The company said current production at Ekati includes lower grade ore, but high carat value.

Harry Winston already owns a 40 per cent stake in the nearby Diavik mine, also in the Northwest Territories, in a joint venture with Rio Tinto.

BHP Billiton, a diversified mining company involved in a wide range of commodities, launched a review of its ownership in the Ekati project last year.

THE CANADIAN PRESS

$240-million lawsuit

Investors sue Olympus over accounting scandal

Olympus Corp. says nearly 50 shareholders have filed a suit seeking about $240 million in compensation for their investment losses stemming from a massive accounting scandal.

The Japanese camera and medical equipment maker said Tuesday that 48 mostly foreign institutional investors and pension funds filed the suit in Tokyo District Court in June.

The court documents reached Olympus on Monday.

The plaintiffs include the San Diego's city employees' retirement fund and a Singapore government unit.

Olympus said the financial impact of the lawsuit is unclear.

Officials at the company have acknowledged hiding huge losses for years, using overseas bank accounts, paper companies and dubious acquisitions to keep them off its books.

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If you thought the Canadian housing market was overheated...

The luxury residential building Opus Hong Kong, designed by Frank Gehry, is shown in Mid-Levels east of Hong Kong. A local property company said Tuesday it sold a 6,683-square-foot apartment on the building's ninth floor for almost $60 million. It did not say who the buyer was. The sale comes amid growing concern over surging property prices in Hong Kong. KIN CHEUNG/THE ASSOCIATED PRES

Newspapers

Quebecor cuts 500 Sun Media jobs

Quebecor Inc. is cutting about 500 jobs at its Sun Media newspaper division in a move that includes closing two production facilities in Ontario as it copes with lower advertising revenue.

"Although our circulation revenue has stabilized due to strategic pricing increases, the advertising sector continues to experience declines through the news and media industry," chief executive Pierre Karl Peladeau said Tuesday.

The Southern Ontario Newsmedia Guild said about 27 journalists' jobs will be eliminated as the company centralizes copy editing and pagination in Toronto. Up to 100 jobs will be lost when the printing plants in Ottawa and Kingston close, the guild added.

THE CANADIAN PRESS

Larger deficits could delay Tory promises

Fall update. Weak global economy means Ottawa won't show surplus until 2016-17

The Harper government has pushed back its target date for eliminating the deficit by one year, leaving open the possibility it won't be able to fulfil two key election promises on income splitting and doubling tax-free saving accounts.

Finance Minister Jim Flaherty delivered his fall economic update Tuesday, saying global economic weakness has carved into commodity prices and tax revenues.

The update showed a bottom line for this fiscal year worse than many expected, with the deficit at $26 billion, up $5 billion from the March budget forecast.

This year's deficit would be even higher, by about $7 billion, if Flaherty hadn't hedged his bet by adding a $3 billion cushion, or margin for risk, into his budget calculations.

Flaherty also said it will take a year longer than predicted to balance the budget.

Finance Minister Jim Flaherty
ADRIAN WYLD/THE CANADIAN PRESS

During the last election campaign, the Conservatives said they would establish the Family Tax Cut income sharing for couples with dependent children under 18 years of age. It would give spouses the choice to share up to $50,000 of their household income for federal income tax purposes.

The Conservatives promised it would be implemented during this term in office when the federal budget is balanced.

But when asked Tuesday about the program's fate, Flaherty said it will have to wait. "Any movement on that will have to await a balanced budget," he said.

The government had also promised to double the contribution to tax-free savings accounts to $10,000 once the budget was balanced.

"Canada has clearly been affected by volatile and falling world commodity prices since the budget in late March," Flaherty said in a speech to a Fredericton business audience.

"And the forecast of private sector economists is consistent with the view that world commodity prices will remain below the level anticipated at the time of the budget."

THE CANADIAN PRESS

By the numbers

$26B

Ottawa now projects its deficit will rise to $26 billion this fiscal year, which ends in March, as opposed to the predicted $21.1 billion. Going forward, the deficit is now projected at $16.5 billion next year, compared with the budget estimate of $10.2 billion, and $8.6 billion in 2014-15, as opposed to $1.3 billion.

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IT'S THE END OF THE WORLD

JUST SAYIN'
Paul Sullivan
metronews.ca

Terrorists, earthquakes, hurricanes, blackouts, financial collapse, pandemic, nuclear fallout, oh my.

Not to mention the end of the world, which is even closer than Christmas: Dec. 21, according to most paranoid interpretations of the Mayan calendar.

All of these threats, real or imagined, have spawned a new generation of survivalists called "preppers." And of course, they have their own reality TV show: Doomsday Preppers, the most watched show on the National Geographic Channel.

(Have you noticed a trend? These channels like The Learning Channel, the History Channel, the Outdoor Life Network, and now, sadly, the National Geographic Channel, start off all high-minded, but inevitably deteriorate into a trailer-park farce of bounty hunters, repo men, hoarders, flea market hucksters and, now, preppers.)

Stockpiling survivalist theories

"What's different about these guys from the earlier generation of survivalists, who just worried about commies, is that preppers have a techie take; they see the world as an increasingly fragile place because we're all so dependent on the power grid for our existence and Facebook."

Preppers are like hoarders with a clearly defined objective. They've got focus. Your average hoarder is an indiscriminate squirrel who stockpiles bottle caps or stuffed moose heads or — a classic — back issues of the National Geographic. Preppers, though, are preparing for a specific threat, real or imagined.

This week's featured prepper, Braxton Southwick of Salt Lake City, (these guys are never from sane places like Minneapolis or Cleveland) is worried about a weaponized smallpox terrorist attack, so he's stockpiled 700 pounds of flour, 600 pounds of sugar, 800 pounds of wheat (it won't be a gluten-free apocalypse), plus water, gas, diesel fuel, biohazard suits, coal, charcoal, and eight chickens. Oh, and 14 guns, so he can blast them bacteria to smithereens.

What's different about these guys from the earlier generation of survivalists, who just worried about commies, is that preppers have a techie take; they see the world as an increasingly fragile place because we're all so dependent on the power grid for our existence and Facebook. Which means, naturally, that Iran is at this very moment developing an electromagnetic pulse weapon that will shut that grid down and 747s will fall from the sky, à la Revolution, that popular FICTIONAL show on NBC.

These people are not an isolated incident. A National Geographic survey shows 28 per cent of Americans know a prepper, and of course, there are prepper networks. (Mad jingle music: Oh I'm a prepper, He's a prepper, She's a prepper, We're a prepper, Wouldn't you like to be a prepper too!)

The Southwicks are part of a seven-family prepper pod who hunker down, er, go on vacation together.

Of course, the really sad thing is that just because these people are crazy, doesn't mean they're crazy. A lot of the eye-rolling stopped after Hurricane Sandy. Instead of being forced to curl up on soggy mattresses, preppers were high and dry with their stockpiles and backup generators.

The latest threat? The re-election of U.S. President Barack Obama, which apparently means the economy will collapse and your debit card will be worthless.

Better start stockpiling those bumper stickers that say: Don't Blame Me, I Voted For Mitt Romney.

Braxton Southwick and his daughter Rylee are seen as they prepare for a smallpox epidemic in West Jordan, Utah. NATIONAL GEOGRAPHIC CHANNEL

Picture perfect parody

LANCE ARMSTRONG/TWITTER

TWITTER

Internet memes

Armstrong tweets pic and gets panned

Lance Armstrong posted the provocative photograph of himself posing with seven framed Tour de France winners' jerseys on Twitter.

"Back in Austin and just layin' around," Armstrong wrote Saturday to accompany the image of him laying on a sofa below the framed jerseys in the media and games room of his Texas home.

The picture caused a flood of comical memes poking fun at Armstrong for the tweet.

METRO

Other memes

- **Going Dutch.** Holland midfielder Mark van Bommel poked fun at both Armstrong and himself with his own tweeted picture, substituting out the victory yellow jerseys with yellow cards. Earlier this season, van Bommel, who now plies his trade at PSV Eindhoven, became the first player in Eredivisie history to pick up a yellow card in each of the first five match days of a Dutch top flight season.
- **Hall of shame.** Another photoshopped image circulating the twittersphere shows portraits of pro golfer Tiger Woods, former U.S. president Bill Clinton, ex-California governor Arnold Schwarzenegger and ex-Canadian sprinter Ben Johnson. Woods lost numerous sponsorship deals following revelations of extramarital affairs. Claims of infidelity have also hit Clinton and Schwarzenegger, while Johnson lost his Olympic 100-metre title due to doping.
- **What am I on?** Armstrong did a Nike commercial in 2001, where he responds to the question "What am I on?" with: "I am on my bike, busting my a– six hours a day" reinforcing his belief that his body is the only thing he needs to win. A parody has since appeared on YouTube with a voice-over saying Lance was on banned substances.

Urine and you're out

Photo enhancing technology

In this humorous Photoshopped picture, Armstrong's jerseys are replaced with images of performance-enhancing drugs and other narcotics, and a picture of a urine sample.

The U.S. Anti-Doping Agency ordered Armstrong banned from cycling for life and stripped of his Tour de France titles. The International Cycling Union, which had originally supported Armstrong's fight, later agreed to wipe out Armstrong's record titles last month.

THE ASSOCIATED PRESS

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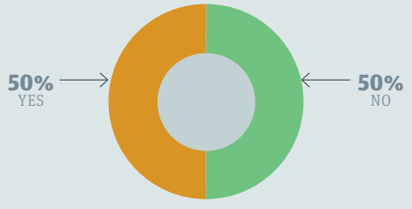
Did you attend a Remembrance Day ceremony?



Twitter

@profpolymath: Yunel Escobar will be delighted to leave Toronto for Miami where there are absolutely no homosexuals whatsoever.

@kelsey_tayler: i really have a jinx. as soon as i buy a players jersey, he gets traded. sorry escobar... i dont know how@b_ryan9 has lasted this long

@OliveiraWILL: This Blue Jays/Marlins trade is ridiculous. It sucks to see Hechavarria and Alvarez go but we're getting Johnson, Buerhle, Reyes & Buck...

@larsgt: Police on bicycles removing activists from the bike lane removal on Jarvis.. oh the irony...

@nsandhu87: At least one #toronto team is taking steps towards being playoff contenders. #jays

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[1]Subject to change. Flights are based on the AIR MILES Reward Program Low and High Season schedule. For example, Low Season = Jan. 8-Feb.28, April 1-May 31, and Sept. 16-Dec. 15. High Season = Mar.1-Mar.31, June 1-Sept.15, and Dec.16-Jan.7. Required number of reward miles is determined by the departure date. All reward miles quoted shown are for round-trip flights. All rewards are subject to the Terms and Conditions of the AIR MILES Reward Program, and are subject to change and may be withdrawn without notice. Some restrictions apply. Quantities may be limited. To redeem for Travel Rewards, you must have accumulated sufficient AIR MILES reward miles in your Dream Balance. Collectors must pay taxes, fuel surcharges and other applicable charges and fees on air travel Rewards. Travel Rewards may be subject to a minimum 2-day advance booking and availability from participating suppliers. Additional flight options may be offered requiring additional reward miles. For complete details, see current AIR MILES Program Terms and Conditions available at airmiles.ca or the AIR MILES Customer Care Centre at 1-888-AIR MILES (in Toronto (416) 226-5171). [2]Bonus offer of 1,500 AIR MILES reward miles is available from October 24, 2012 to November 30, 2012 and is limited to new accounts. New accounts and Plans are defined as BMO bank accounts and Plans opened and registered in the name of a customer who has not had another account or Plan with BMO since August 1, 2012. The Bonus offer will be awarded, after: (1) a Pre-Authorized Credit (Direct Deposit) is set up on a new Qualifying Account, or (2) a Pre-Authorized Debit (Bill Payment) is set up on a new Qualifying Account along with a minimum deposit of $1,500 CDN into the new Qualifying Account. "Qualifying Account" includes Primary Chequing and Premium Rate Savings set up as a lead account. The lead account is the one you designate to pay any fees required by your banking (i.e. monthly Plan fees, transaction fees). The funds from the Pre-Authorized Credit or the $1,500 deposit along with the Pre-Authorized Debit must appear in your account by December 31, 2012. Limit of one Bonus offer per Account. The Bonus reward miles will be applied to your Collector account by February 15, 2013. [3]Additional AIR MILES reward miles can be earned through the BMO AIR MILES bank plan in the following manner: Award of AIR MILES reward miles is made for Debit Card purchases minus refunds from your Primary Chequing Account with the following Everyday Bank Plan: The BMO AIR MILES bank plan. The number of reward miles will be rounded down to the nearest whole number. Fractions of reward miles will not be awarded. One AIR MILES reward mile is earned for every $30 spent on your debit card to a maximum of 50 AIR MILES reward miles per month or 600 Bonus AIR MILES reward miles each year. AIR MILES reward miles can be earned by maintaining a $3,000 minimum monthly balance at all times in a Primary Chequing account that has been designated as the lead account for the BMO AIR MILES bank plan. The lead account is the one you designate to pay any fees required by your banking (i.e. monthly Plan fees, transaction fees). A maximum of 50 reward miles per month or 600 Bonus AIR MILES reward miles each year can be earned on the BMO AIR MILES bank plan by maintaining a minimum monthly balance of $3,000. A maximum of 25 AIR MILES reward miles per month or 300 Bonus AIR MILES reward miles per year can be earned if you have a BMO AIR MILES World MasterCard. ®†Registered trade-marks of Bank of Montreal. ®†Trademarks of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Inc. and Bank of Montreal.

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Looking for a new career? You can be a professional YouTuber

Fame. If you can get noticed, you can make some cash off the video-sharing site

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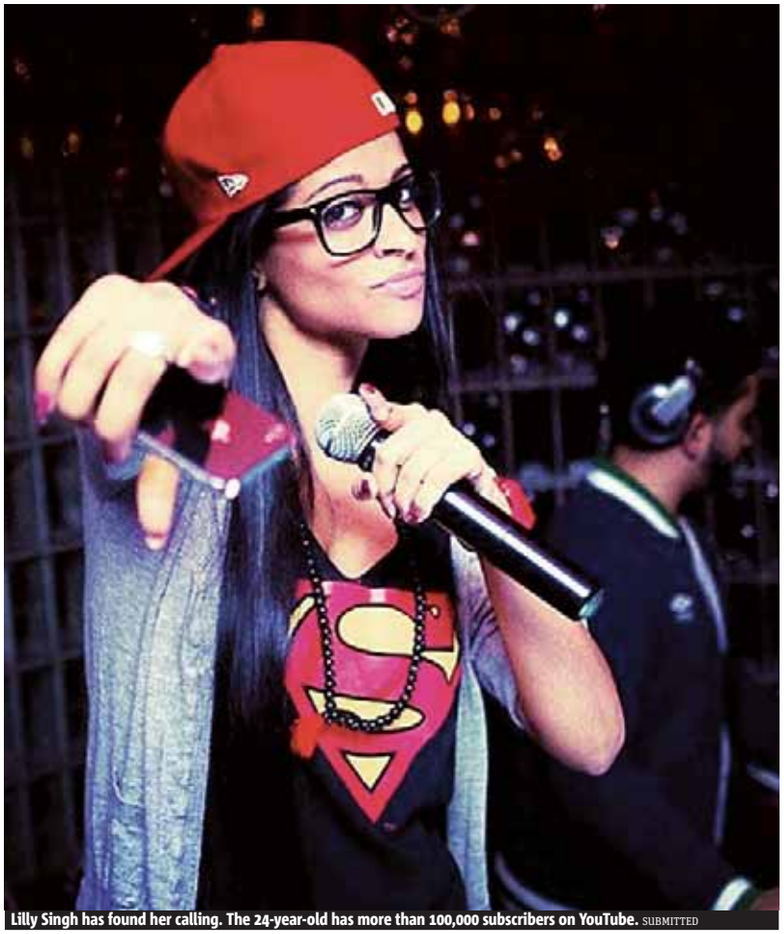
Lilly Singh has found her calling. The 24-year-old has more than 100,000 subscribers on YouTube. SUBMITTED

Lilly Singh was supposed to be a lawyer. Or a psychiatrist. Or a TV sensation.

But not a YouTuber.

"When I was younger, YouTube didn't exist," said Singh, a 24-year-old based in Markham, Ont., with a psychology degree and a knack for editing videos. "I only properly started using YouTube four years ago."

About two years ago, Singh (known as Superwoman to her cyber fans) decided to post her first video — not for fame, but for fun. Now, she not only has more than 100,000 subscribers, but has created a career on the site.

And she's not alone.

Before 2005, there were few outlets for people like Singh.

Then the video-sharing site was formed by three former PayPal employees. In 2006, it was bought by Google Inc.

As more and more users started video blogging, the concept of a YouTuber was born.

Suddenly, those who could capture the attention of enough people could make money off the site.

According to Alhan Keser, a social media marketing expert, the process is fairly simple.

"After you get a certain number of views on your videos … Google starts to share ad revenue with you," he said.

While this process has changed through the years, it served Singh well.

"Initially, before YouTube changed the format, they'd send certain people the opportunity to monetize individual videos (meaning videos can display ads)," she said.

"Now, everybody who makes content can monetize a video, but not everyone is an official YouTube partner," Singh added.

Success on YouTube is about video views. The more views, the greater chance of becoming a partner, which provides users with extra tools to succeed on the site.

"Don't get me wrong," Singh said. "I'm not balling off YouTube. I'm just barely sustainable."

While she may not be rich, the YouTuber has found her calling.

"My dad still thinks I'm going to be a lawyer till this day. I sat (my parents) down and I'm like, 'Listen. This is what I want to do, but I promise you I'll do it well,'" Singh said.

And she has.

Her videos, which range from skits about living in an Indian household to rants about the difficulties of working out — "What if there's little people that live in our boobs, and every time we do jumping jacks it's like an earthquake for them?" — often get more than 100,000 views.

"(YouTube) has allowed people to express themselves in a way that wasn't achievable before," she said.

Tips

Lilly Singh, or Superwoman, as she's known on YouTube, turned her videos into a full-time career. So how do you capitalize on the site's potential? Singh and social media marketing expert Alhan Keser, of Blue Fountain Media share some tips.

- **Make videos people want to watch.** "Unless you create content people keep coming back to, it's not going to happen. Just like any publication, you've gotta be creating content that's relevant to your following," Keser said.
- **Promote yourself.** "To get the views, a good way to start is to use the promoted videos option. You pay a small amount for your video to show up for certain searches," Keser said. YouTube's keyword tool can also help ensure viewers find your videos.
- **Don't mind the haters.** "You can not let (mean comments) get to you. You need to really love what you're going to do and commit to it. Above all, believe (in) what you're posting," Singh said.

Seven days, seven shows — all-access Rihanna

Upcoming album. Pop singer invites Metro along on tour as she prepares to release Unapologetic, her latest studio effort

KATARINA MATSSON
Metro World News

Today Rihanna's seven day tour starts — and Metro Sweden's reporter Katarina Matsson is joining her all the way.

"It will be the coolest thing I've ever done," Rihanna says.

Metro's reporter is part of a very exclusive crowd of the press and fans from all over the world that will board Rihanna's private plane in L.A.

"I'm so excited about the 777-tour. We will transform this jumbo jet into a tour bus. We will practically live in it for a week: Sleeping, partying, all together. Me, my fans, the press. ... It is going to be a wild ride." Rihanna says.

Quoted

"We will transform this jumbo jet into a tour bus. We will practically live in it for a week: Sleeping, partying, all together. Me, my fans, the press. ... It is going to be a wild ride."
Rihanna
Talking about her 777-tour

For seven days Metro will take you behind the scenes — in as many cities.

First stop is Mexico City and on Friday she performs in Stockholm.

Chris Brown will also be in Stockholm this weekend — rumour has it they are dating again, and Brown sings on one of the tracks of Rihanna's new album.

Rihanna is ready for the pace.

"I wanted this to become a rock 'n' roll-adventure, and when it is all over I believe it will be the coolest thing I've ever done," she says of the upcoming tour.

Rihanna is promoting her upcoming album Unapologetic. HANDOUT

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Martial Arts. Shaolin Warriors Set to Retake T.O.

Nine years ago a martial arts performance troupe from China's Henan province took Toronto by figurative, not literal storm; that group, the Shaolin Warriors, are set to make their triumphant return to Toronto for one night only!

Established in 525AD by a Buddhist Monk, the Shaolin Monastery has become a world renowned spiritual centre famous for both its Buddhist training as well as its mastery of traditional Shaolin Kung Fu.

Monks at the Shaolin Monastery are disciples of both Buddhist spirituality and kung fu. A theatrical production which celebrates the artistic sensibility of the Shaolin Kung Fu has amazed audiences for years playing to packed houses across North America and Europe.

The current Shaolin Warrior tour is a choreographed production that deftly combines otherworldly martial arts maneuvers with death defying stunts. It's a must see for someone who is looking for an all engrossing evening of theatrical entertainment.

The Shaolin Warriors have toured North America and Europe several times over. They return to Toronto on Nov. 23 and are set to play the city's Sony Centre.

Tickets to see the Shaolin Warriors start at $35.00 and can be purchased via sonycentre.ca. Sceneopolis subscribers save over 20 per cent on tickets.

That's the fighting spirit

The Shaolin Monastery has become a world renowned spiritual centre famous for both its Buddhist training as well as its mastery of traditional Shaolin Kung Fu. Monks at the Shaolin Monastery are disciples of both Buddhist spirituality and kung fu.

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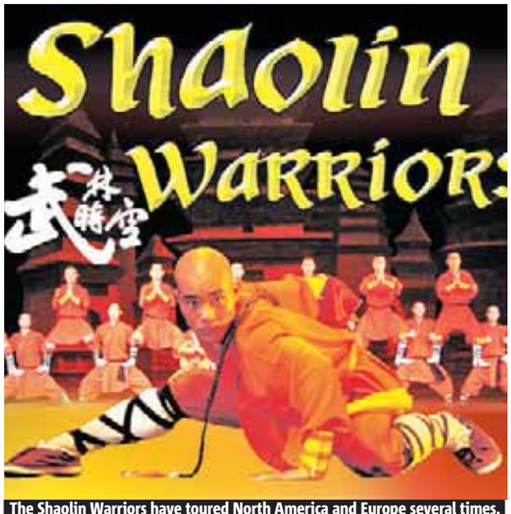

The Shaolin Warriors have toured North America and Europe several times. Now, they are returning to Toronto on Nov. 23 and are set to play the Sony Centre. HANDOUT

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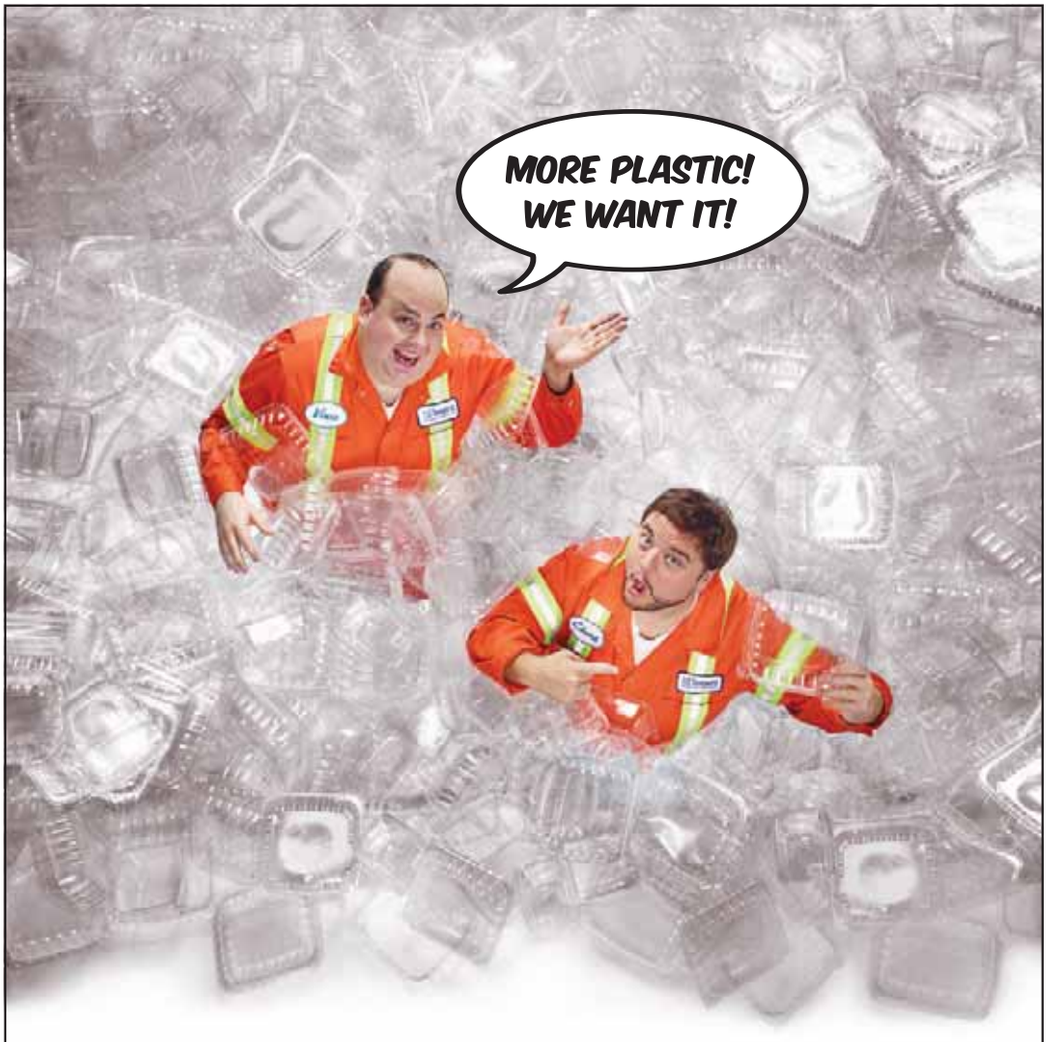

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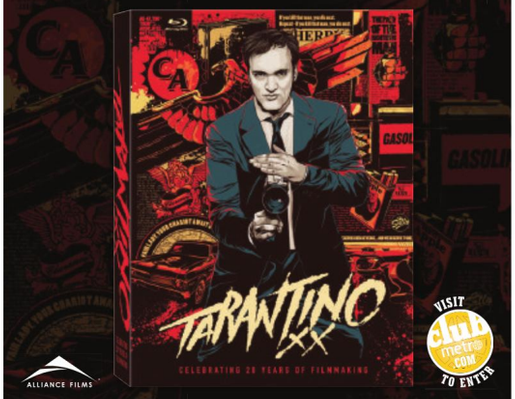

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Awards honour the best in Canadian literature

Governor General's Literary Awards.
Plenty of contenders for the $25K cash prize

Some of the finest writing in Canada is being honoured today with the presentation of this year's Governor General's Literary Awards.

The awards, which bring with them a $25,000 cash prize from the Canada Council for the Arts, are being handed out in Montreal and acknowledge the best in categories including fiction, non-fiction, poetry, drama and translation.

Among the nominees this year are Siege 13, a gripping collection of short stories by Waterloo, Ont.-based author Tamas Dobozy, which has already won the $25,000 Rogers Writers' Trust of Canada Prize for Fiction.

Other contenders include Toronto's Linda Spalding for The Purchase. Spalding's book, published by McClelland & Stewart, was also nominated for the Writers' Trust prize.

Author Tamas Dobozy THE CANADIAN PRESS/HANDOUT

Also up in the fiction category for the Governor-General's Award are former Scotiabank Giller Prize winner Vincent Lam for his Vietnam saga The Headmaster's Wager; fellow Torontonian Robert Hough for Dr. Brinkley's Tower (House of Anansi Press); and Carrie Snyder of Waterloo, Ont., for The Juliet Stories, also published by Anansi.

Finalists for the Governor General's non-fiction prize, also worth $25,000, include journalist Nahlah Ayed of Toronto for her memoir A Thousand Farewells: A Reporter's Journey from Refugee Camp to the Arab Spring (Viking) and Toronto-based Noah Richler for What We Talk About When We Talk About War (Goose Lane Editions).

Also on that list is Ross King of Woodstock, U.K. (originally from North Portal, Sask.) for Leonardo and the Last Supper (Bond Street Books); Vancouver's Wade Davis for Into the Silence: The Great War, Mallory, and the Conquest of Everest (Alfred A. Knopf Canada); and Carol Bishop-Gwyn of Toronto for The Pursuit of Perfection: A Life of Celia Franca (Cormorant Books).

About 1,600 books are submitted each year from English- and French-language publishers for consideration before judges narrow the list down to a handful of finalists in each category and language group.

The awards have been given out for the last 75 years.

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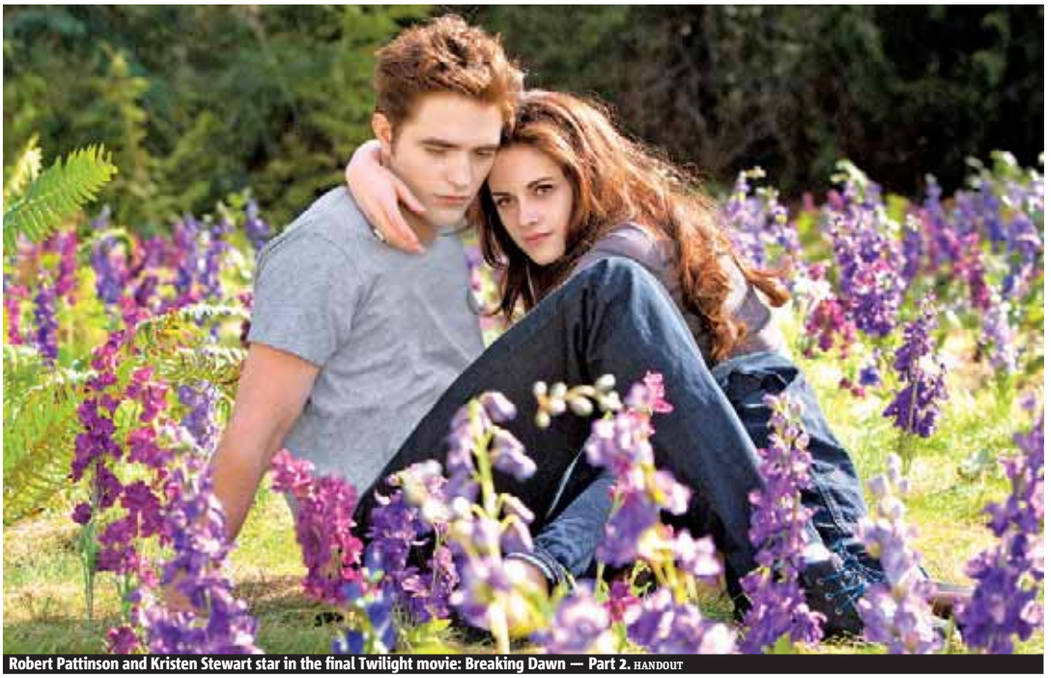

Robert Pattinson and Kristen Stewart star in the final Twilight movie: Breaking Dawn — Part 2. HANDOUT

For most people, Robert Pattinson and Kristen Stewart will always be the undead Romeo and Juliet of the Twilight series.

This weekend's The Twilight Saga: Breaking Dawn — Part 2 is their final bow as Bella and Edward, the last time we'll have to enjoy them complete with fangs and dreams of eternal love in the horror Harlequin series.

While the vampire movies contain their best-known roles, both have worked to establish themselves outside the Twilight universe.

Robert Pattinson struggled before beating out 3,000 others to land the role of 90-year-old vampire Edward Cullen. Labelled "the next Jude Law," he had small roles in several films, including Harry Potter and the Goblet of Fire, but a movie planned as his big breakout was a disappointment.

Cast as Reese Witherspoon's son in the 2004 drama Vanity Fair, his part was cut from the film for theatrical release. Not surprisingly, it was reinserted on the DVD once he became a household name. What is surprising is seven years later he played Witherspoon's lover in Water for Elephants.

Movies like the 9/11 drama Remember Me and the period piece Bel Ami haven't yet erased memories of his "fantastically beautiful, sparkly vampire," but he has five films lined up, including the thriller Hold on to Me opposite Oscar nominee Carey Muilligan, that he hopes will do the trick.

Best post-fang-banger role: Eric Packer, a 28-year-old billionaire money manager in Cosmopolis. The claustrophobic feel of the movie places a great deal of emphasis on Pattinson and he takes advantage of the up-close-and-personal cinematography to deliver a tricky performance that uses stillness to mask the boiling rage that exists beneath his stony veneer.

Kristen Stewart came to Twilight with a resume.

An actor since age eight, she had appeared in 17 films before perfecting Bella Swan's ennui-ridden eye roll. Despite saying, "I never wanted to be the centre of attention," she graduated from playing the Ring Toss Girl in The Flintstones in Viva Rock Vegas to substantial parts in Panic Room, opposite Jodie Foster, the Sean Penn-directed Into the Wild and headlining blockbusters like Snow White and the Huntsman.

Best post teen angst role: She brought her brooding Brando best to the role of Joan Jett in The Runaways, the true, tawdry tale of an underage all girl rock band — they billed themselves as genuine jailbait — spawned from the Sunset Strip's late 1970s seedy underbelly.

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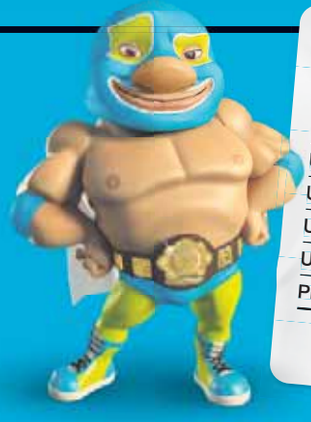

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Robert Schwartzman: Doing whatever suits him artistically

Robert Schwartzman doesn't know where he is, artistically speaking that is. Geographically, he seems aware of his location.

He's in L.A., having just arrived home from Qatar, where he was working on a film shoot. He's about to leave for East Coast dates for his solo album, Double Capricorn.

But, artistically speaking, the musician/actor and Rooney frontman is floating — just a bit.

"I'm figuring out what I want to do with all this stuff," he says of acting, film scoring and the pop music he continues to record.

"In a good way! It's all over the place. I'm happy that it's not defined. I can play around with different things." Schwartzman insists that his power pop project — the band known as Rooney — are not disbanded, just on hiatus.

"I think of it like marrying your high school sweetheart. We were high school friends who formed a band and toured and experienced all these things together. We all reached a point where we were like, 'Let's take a second.' It seemed a healthy moment to collect ourselves."

Why not just take a break from music altogether?

"I don't know if I can. I can't get too far away from it," says Schwartzman. "Now I've had all this time to look at new opportunities — I've been pursuing that. I want to keep things fresh. I don't want same old-same old."

METRO BOSTON

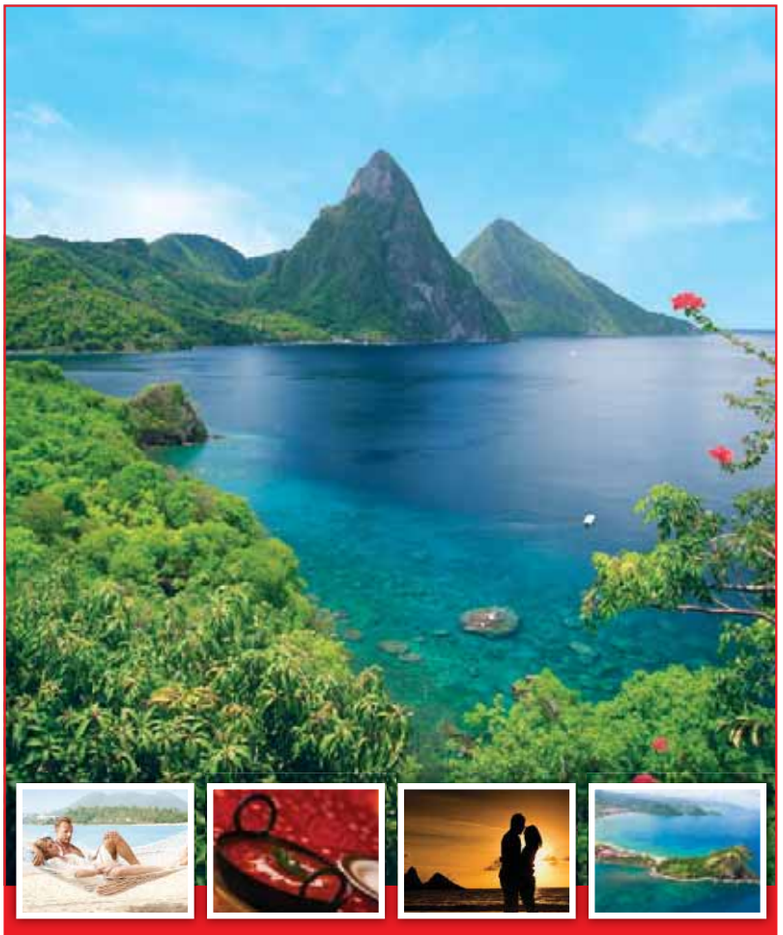
Family discipline

Robert Schwartzman had acting roles in cousin Sofia Coppola's The Virgin Suicides and The Princess Diaries.

His uncle is Francis Ford Coppola, older bro Jason is Wes Anderson's go-to guy, their mom is actress Talia Shire (The Godfather and Rocky) and his dad was a producer.

Yeah, he grew up in a showbiz family.

"From a bird's eye view, it looks like that. ... But I was all about music and movies. I love movies and acting, when the project is right. My mother would make us watch these great movies, force us to watch Clockwork Orange-style," Schwartzman jokes. "I couldn't close my eyes for three days."



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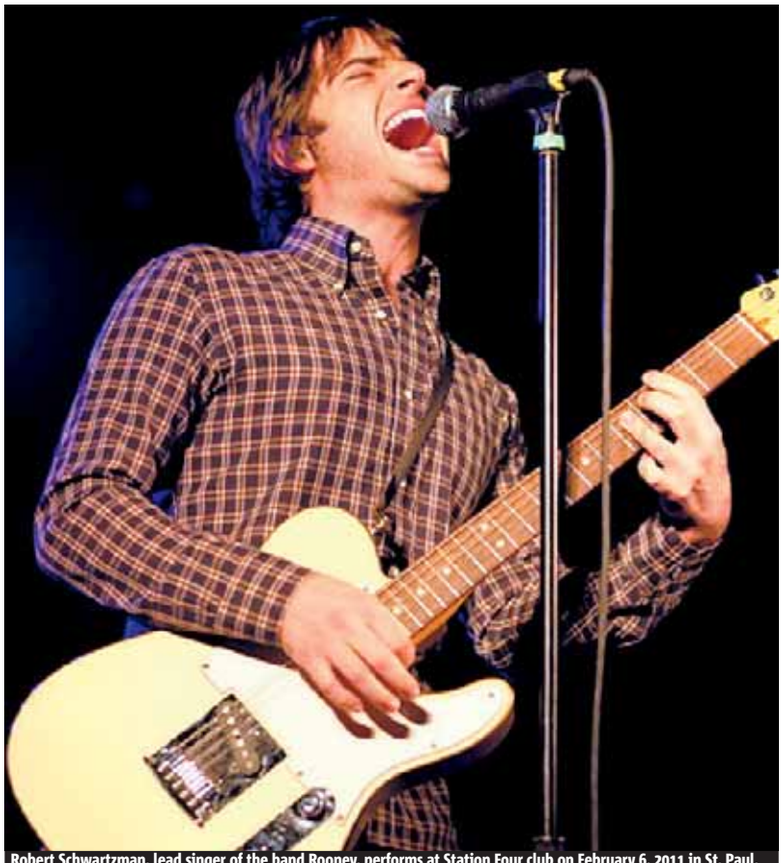

Robert Schwartzman, lead singer of the band Rooney, performs at Station Four club on February 6, 2011 in St. Paul, Minnesota. ADAM BETTCHER/GETTY IMAGES

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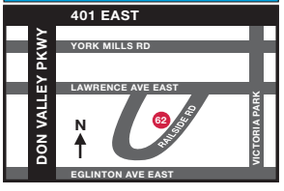

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Canadian actor makes his mark on Hollywood, from Halo to Twilight Saga

Film. Daniel Cudmore plays the iconic Master Chief in the live-action web series Halo 4

At 31, Canadian actor Daniel Cudmore has managed to get a foot in three impressive franchises.

X-Men, The Twilight Saga and now Halo.

In the case of the first two, they are small but recurring film roles.

Cudmore plays Colossus in X-Men 2: X-Men United and X-Men 3: The Last Stand. He is Felix, a hulking Volturi guard, in The Twilight Saga's New Moon, Eclipse and Breaking Dawn — Part 2.

In the Halo project, he plays the iconic Master Chief in the live-action web series titled Halo 4: Forward Unto Dawn, which is tied to the recent release of the Halo 4 video game.

The first episode of the series has already drawn more than 9.4 million views on YouTube. The game itself generated more than $220 million US in its first day of release.

It was not your normal role. Cudmore is encased in futuristic battle armour and, as in the Halo game, his face is never seen. Producers also went with someone else's voice.

But the six-foot-six, 235-pound Cudmore did the dirty work, wearing a 63-pound suit that was contoured to his body by Legacy Effects in Los Angeles.

"They created something with a 3D bodyscan that fit my body to the millimetre," Cudmore said. "So size-wise and fit, it was amazing. But again, it's a lot of different materials layered on top of you.

"The best comparison I can give would be swimming with your clothes on, where everything kind of feels a bit muted and you have to over exaggerate and just use more energy to do things that obviously if you didn't have it on would be a lot easier."

Once he put the suit on, he was pretty much in it for the day.

"Hot and stifling," is how Cudmore recalls it.

Despite that — and some long days and nights — he enjoyed the experience.

"A really positive and a really fun crew to work with. So going to work, once you woke up with a cup of coffee, you felt ready to do it again, so it was a blast."

Set in the 26th century, the video series tells the story of a group of military cadets who encounter an alien attack. The Master Chief arrives as their savour.

It is a Halo snapshot, but one that helps flesh out a franchise whose fans have long been crying out for a live-action story.

The series was shot in the spring over five weeks in and around Vancouver (at locations including Simon Fraser University and the Lower Seymour Conservation Reserve, formerly known as the Seymour Demonstration Forest).

Cudmore quickly saw the attention to detail and collaboration between the film crew and 343 Industries (the current producers of the video game) and publisher Microsoft.

"I knew the quality when I got on the set was there, so I knew it was going to be really good."

Cudmore is a former football and rugby player (whose football scholarship ride at Gannon University in California, Pa., was cut short by injury). His older brother Jamie is perhaps Canada's most famous current rugby international player, a hard-nosed forward playing in France for Clermont Auvergne.

Cudmore acted in high school, but dove headfirst back into it after returning home from college.

"It stuck and it's a been a wild ride ever since," he said.

Cudmore, who was brought up in Squamish, B.C., divides his time between Los Angeles and Vancouver.

"L.A. is where the work is. There are aspects of L.A. that I'm not crazy about, but there are a lot that I do like," he said. "And I know that's where all the jobs start and that's where you need to really kind of establish (yourself) and move forward as an actor."

THE CANADIAN PRESS

Daniel Cudmore arrives at a premiere in November 2011 in Los Angeles.

TAMMIE ARROYO/THE ASSOCIATED PRESS

Memoir coming now that the waters have cleared

John Fogerty. Hoping to put the past behind him, former frontman for Creedence Clearwater Revival inks deal to tell his tale

Add one of rock 'n' roll's most admired and most uncompromising stars to the list of memoir writers: John Fogerty.

The former frontman for Creedence Clearwater Revival has a deal with Little, Brown and Co., the publisher announced Monday. The book is scheduled for 2014 and is untitled. Fogerty, 67, is known for writing and singing such classics as Proud Mary and Bad Moon Rising and for his clashes with band members and record executives.

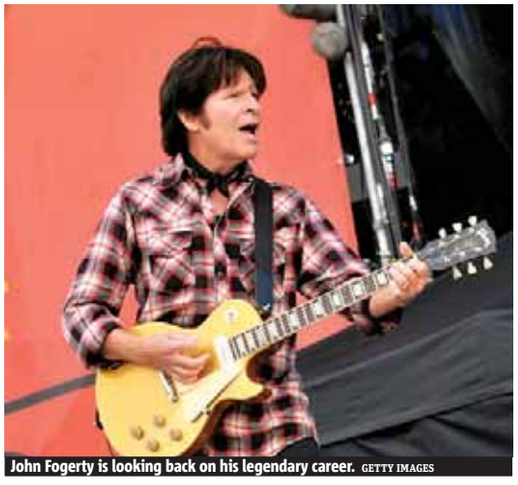
"I want to tell the story of how I fought — hard — to maintain my artistic integrity in the face of opposing forces," Fogerty said in a statement issued through Little, Brown and Co., which in 2010 published Keith Richards' Life.

Creedence Clearwater is widely regarded as one of the great American rock bands, defying the trend of long jams in the late 1960s and early '70s and turning out an amazing run of tight, top 10 singles. But the righteous edge to Fogerty's vocals and lyrics was matched by his determination to have his own way, including with his brother and fellow Creedence performer, Tom Fogerty. By the mid-'70s, the band had broken up and Fogerty would spend years battling his former music label, Fantasy Records.

His solo career has been sporadic, but he has had hits with Centerfield and The Old Man Down the Road. Fogerty has an album scheduled for next year and plans collaborations with the Foo Fighters and Keith Urban, among others.

"The kid from El Cerrito (Calif.) wanted to be the best musician in the world — my promise to myself," Fogerty said in his statement. "I accomplished that goal against all odds, only to have it fall apart on top of me. The songs and the music stopped. You didn't hear from John Fogerty for years. All of this took its toll on me. I couldn't write a song, sing a song. And it was so hard on me, all of the lawsuits and betrayals. I was personally fading away. My story will share the ups and downs and how it all affected me.

"I have come to a place where I can look back and reflect on those stories and share what really happened. (I) am the guy who lived it, and you will hear me tell the story." THE ASSOCIATED PRESS



John Fogerty is looking back on his legendary career. GETTY IMAGES

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Taylor Swift. ALL GETTY IMAGES

Taylor Swift doesn't want to wear the pants in a relationship

Taylor Swift has certainly had enough relationships in the last few years to get a sense of what she's looking for, and it turns out she sometimes just wants to be told what to do.

"If I feel too much like I'm wearing the pants, I start to feel uncomfortable and then we break up," she tells Harper's Bazaar.

"It's wonderful to hand over the reins to your boyfriend when you control so much of these big, high-pressure decisions, you know? That is a huge factor in who you choose to be with."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Clock ticking on Bieber, Gomez getting back together?

While Justin Bieber fans are still in shock over his split from Selena Gomez, there might be good news for them on the horizon.

It appears the pair met up on the sly at the London Hotel in New York City this week, according to Hollyscoop.

Bieber was spotted slipping into the hotel a few hours after Gomez checked in, and she later left with a Bieber pal, Alfredo Flores, while Bieber himself reportedly snuck out the back entrance with Gomez's bodyguard.

And besides, both are expected to attend this weekend's American Music Awards, so the clock is ticking for a reconciliation.

Lohan ditches Walters interview to go on Leno

Barbara Walters

Barbara Walters is "disappointed" that Lindsay Lohan's new PR team canceled their planned 20/20 interview — especially now that Lohan has announced she'll sit down with Jay Leno for the Tonight show next week.

"I think to go on Jay Leno and be adorable and amusing, there's still all the problems," Walters says on The View, adding that her chat with Lohan "would have been a wonderful interview. She could have set a lot of things straight. I think it could have helped her."

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An alternative spot for your holiday party

Venue. Top five reasons for hosting a soiree at a restaurant this season

LEE ROMAN
For Metro

Try holding your festive fête at a venue other than your home, such as at a restaurant. ISTOCKPHOTO/THINKSTOCK

If you host a holiday party away from home, chances are you will actually get to enjoy your own soiree. ISTOCKPHOTO/THINKSTOCK

Brace yourself. With Christmas only a few weeks away, the biggest party season of them all is almost here. If you are the person in the neighbourhood, at the office, or on the hockey team who is always the one hosting the party, guess what? You can still be the "hostess/host with the mostess" even if you decide to hold your festive fête at a venue other than your home.

If the idea seems a little bit non-traditional, it shouldn't. Each year, more and more people are choosing to host their soirees at restaurants. And why shouldn't they? There are several good reasons to trade the house party for the restaurant party. Here are just a few:

1 The restaurant manager becomes your own personal party planner who has the power to take care of absolutely everything for you — from menu and bar selections to decorations and music. And the nice thing is is that you are still in control, but without all the time and effort spent shopping, preparing and serving.

2 No house cleaning required. Yes, it's true. There isn't a mad scramble before the party to make sure your house is immaculate.

3 The same goes post-party. Imagine, no dishes or linen to wash, no vacuuming and no carpet cleaning to contend with. After all, you have better, more enjoyable things to do during the holidays.

4 Taxis are usually more accessible and easier to find. If they aren't, the restaurant hostess can make a quick call to ensure your guests don't have to wait long for a safe drive home.

5 You actually get to enjoy your own party. When you host at your own home, you probably find that you spend so much time seeing to the needs of your guests that you don't have the time to partake in the wonderful food or the sparkling conversation. With a restaurant-hosted gathering, you get to experience the festivities worry-free.

If you are thinking of planning a party away from your home, just a word of advice … start scoping out and contacting restaurants now. Happy party planning.

5 spots to go wild

Want to see your favourite animal outside the zoo?
Here are the best places to track down some of the world's most exciting beasts.

EMMA E. FORREST
Metro World News

1 Lemurs in Madagascar

The world's fourth-largest island of Madagascar has unique and exotic flora and fauna that has evolved since it became isolated more than 160 million years ago, and its most iconic species is the lemur. There are more than 30 kinds of this cute primate living on the island. Stay at Vakona Lodge and you can go on expeditions into the local rainforests to find nocturnal and daytime lemurs including the Indri Indri, Diadem Sifaka and mouse lemur. The Lodge also has a private reserve on an island, which is home to black and white ruffed lemurs and eastern lesser bamboo lemurs that have been rescued from captivity.
aardvarksafaris.com.

2 Orangutans in Borneo

Love a flaming redhead? Then you probably love orangutans. You can find them in the wild and in rehabilitation centres in the Malaysian island of Borneo. The best place to track them down is by following one of the trails in the Danum Valley Conservation Area or by boat along the Kinabatangan River at the Kinabatangan Wildlife Sanctuary in Sabah, where you'll also see crocodiles, proboscis monkeys and elephants. The shaggy beasts also roam free at the rehabilitation centre in Kubah National Park in Sarawak, and you can join a ranger on a jungle tour to visit them.
tourism.gov.my

3 Kangaroos in Australia

Want to spot a kangaroo bouncing in the wild? The best place to find them is Kangaroo Island, South Australia, a short flight from the city of Adelaide. The island broke free from the mainland 10,000 years ago and there's even a unique sub-species of kangaroo there as well as the regular 'roos. A third of this island is preserved as a national conservation park, and it's a bit like a zoo without enclosures, with many of the country's native creatures roaming free, including wallabies, koalas and spiny short-beaked echidnas.
southaustralia.com

4 Leopards in South Africa

For the best sightings of leopards languishing in the trees, the best place is Sabi Sand, the oldest private reserve in South Africa and home to a huge wealth of Africa's most exciting animals, including lions, cheetahs, giraffes and, of course, leopards. It's also the setting for some of the country's most glamorous lodges. Their expert trackers will take you by four-by-four to hunt down leopards to shoot — with your camera, of course. For a honeymoon, stay at a lodge in the Singita Sabi Sands concession, where you can recover in plush surroundings after getting up at 5 a.m. to look for leopards.
singita.com

5 Pandas in China

Remember those adorable pandas you saw on the news when they were relocated after the huge earthquake in Sichuan province in 2008? All 18 of them have just returned to eat their bodyweight in bamboo at the Wolong Nature Reserve, 100 kilometres from Chengdu city, where they live in large, newly-rebuilt enclosures. You can hold panda babies and volunteer to look after them there or at Bifengxia Panda Reserve where the Wolong pandas stayed after the quake. It's only a two hours drive from Chengdu, and visitors can see adult and baby pandas in an enclosure.
thechinaguide.com

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Easter Island still full of mystery

Tricky travels. The moai statues aren't the only enigma on this remote outpost — try booking a hotel and planning a trip

From its famed giant stone statues to finding a good, affordable hotel, Easter Island is full of mysteries.

There are ancient questions, like how the statues were transported, and why the island lost its trees. And there are modern puzzles, like what $1,600 a night will get you in a hotel and why roads aren't better marked for visitors touring the island.

Perhaps it's fitting that riddles still exist on the most remote inhabited island on earth — a Chilean territory in the South Pacific, 3,700 kilometres to the west of the South American continent.

A recent issue of National Geographic magazine outlined six different theories on how a people with no wheel and no draft animals were able to move massive statues weighing up to 90 metric tons as much as 18 kilometres across the island.

Upon arriving, visitors are greeted in the Polynesian tradition with flower leis, then given a brief tour of the town of Hanga Roa, home to most of the island's 5,500 residents.

With more than 50,000 visitors a year, the island is home to an assortment of restaurants, car rental agencies, markets, souvenir stores, watersport shops and small hotels, and since everything is imported to the island, prices are high.

It can be a challenge to plan a trip to Easter Island. Little independent information is available online, and Easter Island, or Rapa Nui as the locals call it, is but a few pages in most guidebooks. Most hotels appear spartan, while the luxurious and all-inclusive Explora is $1,600 a night. A new option, the waterfront Hangaroa Eco Village & Spa, rings in at $550 a night. Once settled in your hotel, arrange a day-long outing with James Grant-Peterkin, author of the book A Companion To Easter Island.

His tour takes visitors around the 163-square-kilometre island, introducing them to the moai statues. Although they are often referred to as heads, they are in fact whole-body carvings made by descendants of the first Polynesian settlers hundreds of years ago. Just what they represent and why they were toppled in the century after the first European explorers arrived in 1721 is another unknown.

Fewer than 50 of the statues have been re-erected by archeologists, and the most impressive of these is a site where 15 colossal moai stand on a ceremonial platform more than 213 metres long.

Just down the road is the National Park of Rano Raraku, the quarry where the moai were carved. A path winds among the 400 statues, completed to varying degrees. Whatever their reason, there is no doubt that workers stopped ahead of schedule, leaving a stone graveyard to what was once a sophisticated civilization.

Most of the moai are buried up to the neck, giving the impression that they are nothing more than heads. One, lying on its back, measures about 21 metres in length. Another has a petroglyph of a European sailing ship scratched onto its belly. One depicts the moai kneeling, the only one known to have legs. Sadly, this unique sculpture is being worn away by the elements, something people here seem resigned to accept.

But there is more to the island than moai. Visit the site of the ancient birdman competitions, where men would scramble down a 305-metre cliff, then swim 1.6 kilometres through crashing waves to a rookery where they would camp, waiting to claim a tern egg for their chief.

There are volcanic craters, and a 6.4-kilometre-long lava tube, and you can swim off a sandy beach in the shadow of more moai.

Just who is responsible for the deforestation of this once tropical island is another matter of debate. Some believe the first settlers cleared too much for farming and firewood, and inadvertently brought about the end of their civilization. Others blame the moai, believing the trees were cut to make sleds to move them. Still others think that Polynesian rats brought in the settlers' canoes ate the palm nuts and prevented propagation.

Yet another small wonder can be found at the island's tiny museum. Here, one can examine copies of the wooden Rongo Rongo tablets, which are covered in an unknown script. Only 26 of these remain in existence, all overseas, and all undeciphered, adding to the mystery of Easter Island.

THE ASSOCIATED PRESS

Fifteen moai stand watch at Tongariki on Easter Island. THE ASSOCIATED PRESS

If you go...

- **Easter Island.** A Rapa Nui National Park pass is $50 at the airport for non-Chileans, $60 elsewhere.
- **Getting there.** Direct flights on LAN Airlines from Santiago, Chile; Lima, Peru and Tahiti.
- **What's in a name.** The original name of the island is lost. It is called Easter Island because the first Dutch explorer spotted it on Easter in 1721.

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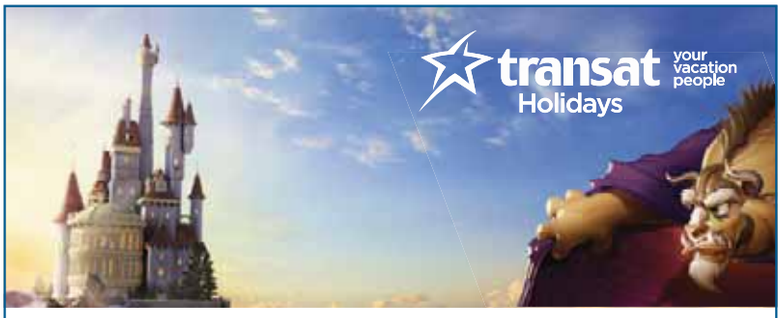

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Soak up the sun in Portugal's Azores

Stunning views.
Set in the middle of the Atlantic with a subtropical climate, this is the place to hit up this winter

REBECCA FINKEL
life@metronews.ca

You can be forgiven for never having heard of the Azores. On the travel shelves of most bookstores, titles will skip straight from Australia to the Bahamas. But this tiny archipelago in the middle of the Atlantic is overdue to become a destination for travellers seeking unspoiled subtropical terrain that wears its history on its sleeve.

What to see

The first thing you'll notice is the many shades of Azorean blue: the clear sky, the persistently blooming hydrangeas and morning glories, and the deep turquoise ocean stretching undisturbed for more than a thousand miles in all directions. Each island has its own geographical marvels, such as the 7,713-foot-high dormant volcano that gives Pico Island its name and the hikeable lava tunnels beneath, as well as the steaming hot springs in Sao Miguel.

What to do

Because of the variety of terrain, there's plenty to do, from hiking to scuba diving. If you're drawn to the water, the Azores has plenty of public swimming areas carved into the craggy basalt shoreline. And this former whaling capital now draws some of the Atlantic's best whale and dolphin watching. With nine islands to explore, it helps to consult a company that customizes tours to your interests and abilities. We like Picos de Aventura (picosdeaventura.com) in Ponta Delgada and A-Abegoaria (a-abegoaria.com), serving the island of Pico.

What to eat

"Meat or fish?" is often the question come dinnertime. Because of its location, seafood is the centrepiece of many Azorean menus. But beef from the island's free-roaming cattle is also a good bet. Some of the best restaurants are tiny, side-street cafés, where the prato do dia (dish of the day) and a glass of local wine will only set you back five euros.

Where to stay

Aldeia da Fonte's rambling seaside property includes a private seaside bathing area, a spa and an old whaling lookout tower. Be sure to enjoy a glass of local vino verdelho at the lovely outdoor bar (aldeiadafonte.com).

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These horses enjoy the views the Azores offers. MWN

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BARBADOS

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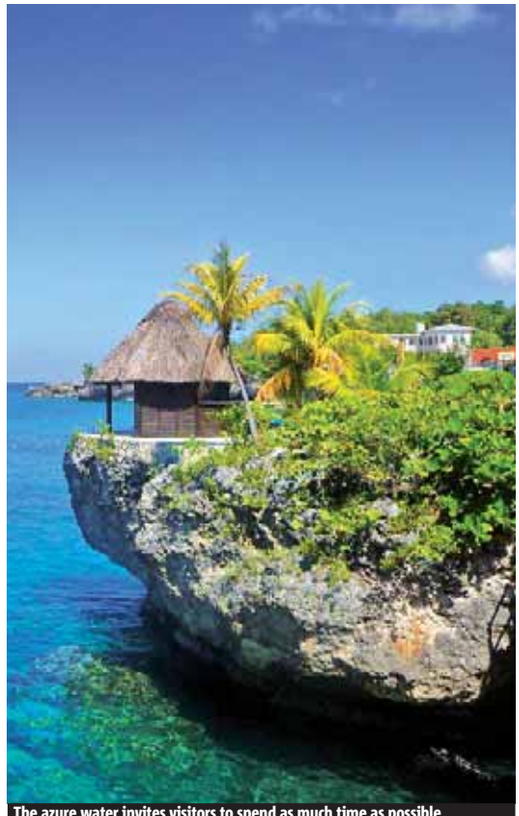
In search of Jamaica's soul

Island life. Caribbean country's people turn a regular vacation into an extraordinary cultural experience

AURÉLIE RESCH
life@metronews.ca



The azure water invites visitors to spend as much time as possible swimming and snorkeling. PHOTOS AURÉLIE RESCH

It all started with a gold ring my friend dropped in the sand. "Oh, no! It is so dear to my heart! I just can't lose it."

We started to scratch the sand desperately searching for the ring. Mind you, it was dusk and mosquitoes were feasting on our legs. Some people on the beach saw us and came to ask what the problem was.

Once we explained that the tiny golden ring belonging to my friend got lost in the sand as she was brushing a mosquito off her eye, the four Jamaican friends entered the search.

One appeared with a rake and they started to comb the beach. It was really dark by now and I had honestly lost hope I could comfort my friend when one of the men helping us raised his hand, the ring in his palm. We were flabbergasted and so happy he actually found it. We thanked the four friends and had dinner with them on the beach. This episode was our first introduction to Jamaican kindness and hospitality.

The day after, we shared many laughs with the two incredibly talented massage therapists who performed their art on our sore and tense muscles. These ladies had a vivid sense of humour and a very contagious joie de vivre that made our day.

Our various interactions with people in Negril and Montego Bay were charming, fun and educational. We spent time listening to Jamaicans in love with their island, history and sports, eager to share their passion and to chat. We learned about cooking, slavery, ghosts and Jamaican athletes. It didn't take long until we felt close to Jamaica.

My friend and I agreed Jamaicans are the real soul of the island. Their smile, availability and kindness make the most of Jamaica. There are places to be loved for their landscapes, others for their inhabitants. Jamaica is fortunate to combine both, with the addition of music and food.

Negril enchanted us with its pristine warm waters and its black rocky coast leading to the Negril Lighthouse. We spent as much time as we could swimming and snorkeling, sunbathing and admiring sunsets. We swam with dolphins at the Dolphin Cove and took the opportunity to join other visitors on a catamaran to explore more of the coastline and marvel at the indigo blue, stormy silver clouds and rainbows the sky displayed for us.

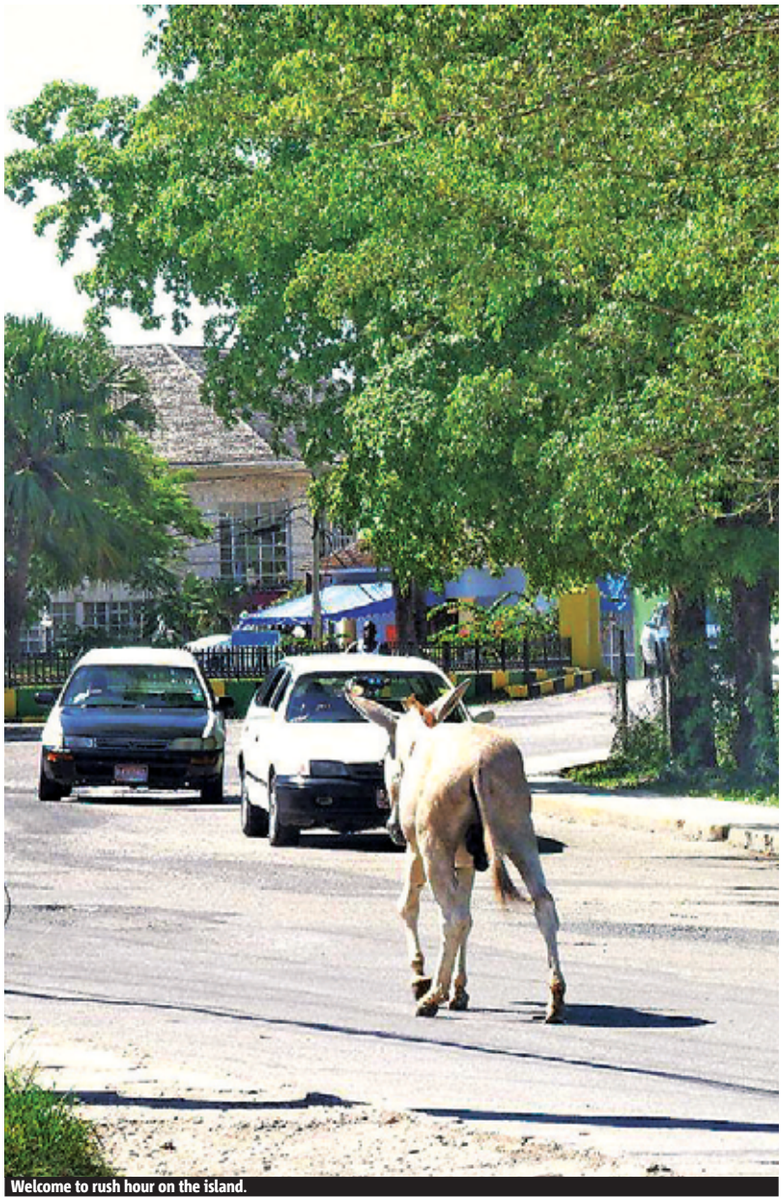
And then, up for a change, we would horseback ride in Montego Bay, among coconut trees, bamboo forests and wetlands. We would discover tiny farmer villages, old rum factories and mills. We would try to spot the tiny Coqui frogs famous for their unique sound, learn the name of all the fruits we'd pass by or try and feed our curiosity for history at the former plantation, the Rose Hall Great House, now a museum to the most important antique collection in the Caribbean. As for our interest in music, Reggae is everywhere, on every lip at each street corner. You can whistle, dance or sing — music is Jamaica, Jamaica is music.

Jamaica is a pretty laid back island. Even in the downtown of parishes we stopped in, we observed — and adopted — the easy going attitude. No rush, no stress. No cars or trucks to honk angrily at that donkey running loose on the road. No pressure in restaurants and stores. Everybody eats, behaves and enjoys life at a tranquil pace. And when it was time to get back home for the night, we'd opt for a villa to rent. Jamaica has the best-kept-secret luxurious properties — a business that is growing as discerning travellers prefer privacy and elegance to the busy, all-inclusive resorts. Visitors can enjoy one to seven-bedrooms, exclusive deluxe habitations with personal service, a beautiful swimming pool and elegant furniture. Villas always stand out for their refinement and are located in very secluded and private areas of the island. They are a great alternative to the chain hotels.

They say, "Once you go, you know!" Well all I know is that Jamaica touched my heart and I feel compelled to go back.

If you go...

- **Flights.** Direct service by West Jet
- **Stay.** Fairway Manor in Montego Bay



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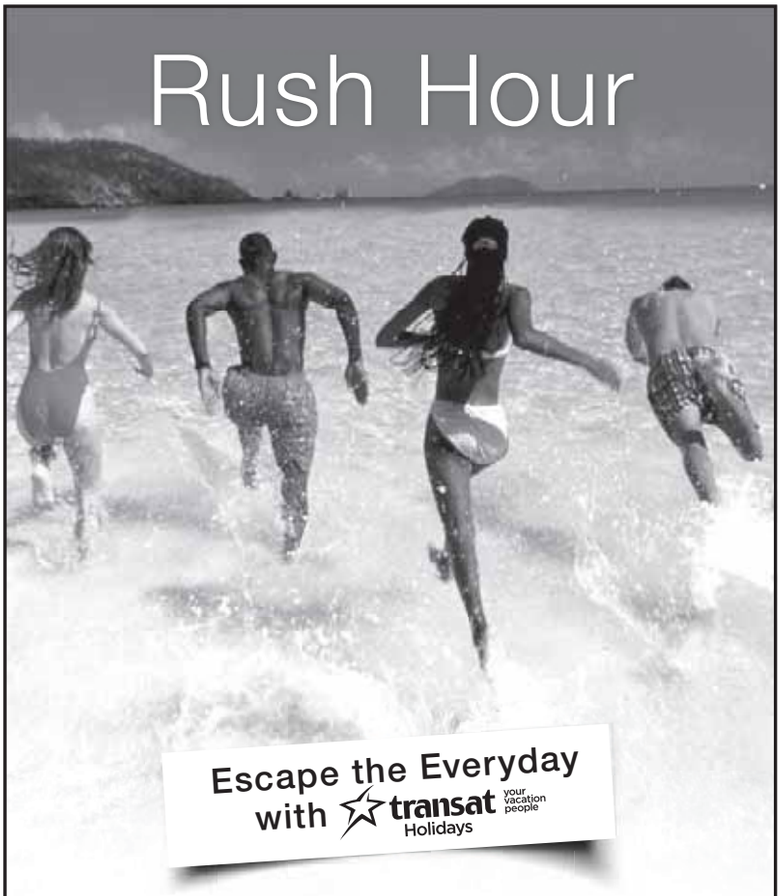
Rush Hour



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DETERMINE YOUR RISK

CANRISK QUIZ CAN HELP PREDICT YOUR ESTIMATED RISK OF TYPE 2 DIABETES

ISTOCKPHOTO/THINKSTOCK

It's a little known fact that more than one million Canadians who are living with type 2 diabetes don't even know they have it, and many others are at risk of developing it.

Thanks to an easy 11-step Canadian Diabetes Risk (CANRISK) questionnaire that takes mere minutes to complete online, you can learn your estimated risk of developing pre-diabetes or type 2 diabetes.

"Knowing your risk can help you make healthy choices now that will reduce your risk of developing diabetes," says Jeannette Wang, the senior vice-president of professional affairs and services for Shoppers Drug Mart.

Type 2 diabetes, the most common form of the disease, develops when your pancreas doesn't produce enough insulin or your body doesn't properly use the insulin it makes. The number of Canadians with type 2 is increasing rapidly due to several factors, including an aging population, rising obesity rates and more sedentary lifestyles.

Aboriginal people are three to five times more likely than the general population to develop type 2 diabetes. And almost 80 per cent of new Canadians come from populations that are at higher risk for type 2 diabetes, including those of Hispanic, Asian, South Asian and African descent.

The CANRISK questionnaire will ask about important risk factors for diabetes, including your age, gender, family history, nutrition choices and ethnicity. You will also need to know your height, weight and waist measurement. The results are for your information only and confidential; the information is automatically deleted when you close out of the questionnaire.

While the questionnaire is targeted mainly at adults between the ages of 40 and 74, it may also benefit younger people with apparent risk factors.

For example, if the results indicate a high estimated risk, making certain healthy lifestyle changes — such as increasing exercising, eating more low-fat foods, fibre and fruit, and quitting smoking — can reduce the risk.

Throughout the year, Shoppers Drug Mart pharmacies hold CANRISK screening days. "We really want to encourage the public to reach out to their Shoppers Drug Mart pharmacists in the pharmacies and online," Wang says.

To complete the CANRISK questionnaire, visit canrisk.shoppersdrugmart.ca. If you don't have a computer, ask your Shoppers Drug Mart pharmacist to print a paper version for you.

– Jane Doucet

CDE'S ARE A VALUABLE RESOURCE

A certified diabetes educator (CDE) is a trained health-care professional who can help Canadians manage every aspect of their diabetes care, whether you were recently diagnosed or you have lived with diabetes for years.

In addition to advising you on blood-glucose monitoring, a CDE can provide information about diabetes medications and develop healthy-eating and physical-activity plans tailored to your specific needs.

"Shoppers Drug Mart has 450 pharmacists across Canada who are certified diabetes educators," says Jeannette Wang, the senior vice-president of professional affairs and services for Shoppers Drug Mart.

Because the number of Canadian adults being diagnosed with type 2 diabetes is rising rapidly, there are often weeks-long waiting lists for patients to get an appointment at diabetes centres or clinics.

BANANASTOCK/THINKSTOCK

"In those cases and for ongoing care, Shoppers Drug Mart pharmacists and CDEs are a great resource," Wang says. "They can bring so much awareness to help people manage their diabetes, and they sometimes can take appointments the same day or in a day or two."

A CDE can set aside the time to meet with a diabetes patient in a private counselling area of the pharmacy. He or she might administer an A1C blood test (a marker to indicate how well your diabetes is being managed over a three-month period) or answer questions about whether certain over-the-counter medications are safe to take.

If you don't understand something about your diabetes care, keep asking questions until the information is clear. For example, if you are prescribed a medication for the first time, make sure you ask your pharmacist what its purpose is and when you should take it.

It's important for Canadians to know that they can take advantage of the wide range of support that's available through the wide array of health-care professionals in their communities. "All Shoppers Drug Mart pharmacists have the knowledge to take care of Canadians with diabetes, but CDEs have additional training," Wang says.

Talk to your Shoppers Drug Mart pharmacist about booking an appointment with a certified diabetes educator. For more information about CDEs, visit shoppersdrugmart.ca.

– Jane Doucet

SHOPPERS DRUG MART A1C CLINICS

The A1C is a test that shows the average level of blood sugar (glucose) over the previous three months. It also indicates how well you are controlling your diabetes. The higher the A1C level is above target, the poorer the blood-sugar control and the higher the risk of diabetes-related complications, such as kidney and nerve damage and vision loss.

Shoppers Drug Mart pharmacies across Canada hold A1C clinics throughout the year to help people with diabetes better manage their health.

"If you've missed a clinic but you would like to have an A1C test, ask your Shoppers Drug Mart pharmacist if he or she can administer it," says Jeannette Wang, the senior vice-president of professional affairs and services for Shoppers Drug Mart.

Want to take control of your diabetes?

Our Pharmacists can offer the resources and support to help.

Visit your local Shoppers Drug Mart Pharmacy today to speak to a Pharmacist about taking charge of your health.

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SHOPPERS DRUG MART

YOU CAN SWEETEN YOUR LIFE

WITH COCONUT PALM SUGAR

There's a new sugar in town. Switching to low-glycemic sweetener lowers risk of type 2 diabetes.

The prevalence of diabetes in Canada is growing. Estimates project 3.7 million Canadians will be living with diabetes by 2019, a shocking 56 per cent increase since 2009.

Most common is type 2 diabetes, affecting 90 to 95 per cent of diabetic Canadians. This metabolic disorder is onset by such risk factors as unhealthy diet, physical inactivity, advancing age and family history.

These numbers aren't new to Organika Health Products president Tom Chin, who aims to improve the landscape of Canadian health with one of the lowest glycemic index natural sweeteners available today.

"Coconut palm sugar is the answer to a convenient, low-glycemic alternative to cane sugar," he says.

"Both diabetics and non-diabetics can benefit from making the switch."

CONTRIBUTED

Making low-glycemic choices, like coconut palm sugar, may help lower your risk of heart disease and type 2 diabetes. Opt for low-glycemic foods to help control appetite, blood glucose levels and cholesterol levels.

The glycemic index (GI) is a scale that ranks carbohydrate-rich foods by how much they raise blood glucose levels. Low GI foods (less than 55) undergo a slower digestion and do not raise blood glucose levels as much as medium GI (55-70) or high (more than 70) GI foods.

"A low-glycemic lifestyle used to mean cutting out white (64) and brown sugar (64) all together," Chin says. "Fortunately, today we have more realistic options."

Weighing in at 35, coconut palm sugar outshines natural sugar alternatives agave (45) and honey (55).

The nectar of flowers blossoms on the green coconut palm is boiled and granulated to create coconut palm sugar. "Not all sugars are equal," Chin says. "Check the ingredients to ensure cane sugar or fillers haven't been added."

Chin stacks another positive atop the pile of benefits. "Since this natural sweetener produces a slow release of energy throughout the day, you won't suffer from the sugary highs and crashing lows of cane sugar."

The highlights of coconut palm sugar are prominent against the backdrop of stevia's (less than one) variable after tastes and xylitol's (7) troublesome baking properties. "The caramel tones and convenient one-to-one ratio make coconut palm sugar a delicious and easy substitute in baking and cooking."

On his favourite low-glycemic switch, Chin reveals, "I give a to-go stick pack to the barista in the morning, instead of adding flavoured syrups."

Cut the cane sugar. Sweetening with coconut palm sugar is a simple step towards living low-glycemic.

– Sasha Lallouz

world diabetes day
14 November

Foods by ORGANIKA HEALTH PRODUCTS INC.

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Natural sugar alternatives, such as Organic Coconut Palm Sugar can be used to add sweetness to foods without the complications of consuming refined sugars.

Chef Bianca creation for ORGANIKA
Gluten Free & Diabetic friendly recipe

Raspberry Whole Meal Muffins

1 1/3 cups whole wheat flour
1 tsp ground cinnamon
1/3 cup **Organika® Coconut Palm Sugar**
1 egg
4 ¼ oz melted **Organika® Virgin Organic Coconut Oil**
½ cup almond milk
½ tsp grated lemon zest
¼ cup frozen raspberries
2/3 cup **Organika® Ultimate Fiber Blend**
Extra coconut sugar for sprinkling

Preheat oven to 3500f.

Sift flour, fibre and cinnamon into a large bowl. Stir in Organika Coconut Sugar and a pinch of salt. Make a well in the center.

In a separate bowl, whisk egg, Organika Coconut Oil, almond milk, lemon zest. **DO NOT DO THIS STEP AHEAD OF TIME,** coconut oil hardens very quickly. Pour the mixture into the dry ingredients; and stir to combine.

Spoon batter into muffin holes to 1/3 full, then add 2 to 3 frozen raspberries to the center of each muffin. Top with the remaining batter and sprinkle with extra Organika Coconut Sugar.

Bake for 20-25 minutes or until they are golden brown and an inserted stick can be removed clean.

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Kathy Maraz creation for ORGANIKA
Gluten Free & Diabetic friendly recipe

Coconut Vinegar Dressing

1/3 cup grape seed oil
3 tablespoons **Organika® Organic Coconut vinegar**
1 teaspoon minced garlic
2 teaspoons chopped ginger root
Salt and pepper to taste
1 tablespoon sesame seeds

Coconut Apple Sauce

4 apples, peeled, cored and chopped
¾ cup water
¼ cup **Organika® Organic Coconut Palm Sugar**
½ teaspoon ground cinnamon
1 Tablespoon **Organika® Organic Virgin Oil**

Directions: In saucepan,, combine apples, water sugar and cinnamon. Cover and cook over medium heat, for 15-20 minutes, or until apples are soft. Allow to cool and mash with a fork or potato masher.

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Skip the store-bought stuff and make the quintessential fall treat at home

Did you know that small "pie" pumpkins are now available at many farmers markets so you can savour locally grown harvest flavour?

Start the savouring with this recipe, but be careful not to overbake it or the filling will dry out and crack.

Ingredients

- 1 small pie pumpkin
- 2 eggs
- 50 ml (1/4 cup) granulated sugar
- 45 ml (3 tbsp) brown sugar
- 7 ml (1 1/2 tsp) ground cinnamon
- 5 ml (1 tsp) ground ginger
- 1 ml (1/4 tsp) grated nutmeg
- 1 ml (1/4 tsp) salt
- 22 ml (1 1/2 tbsp) brandy (optional)
- 150 ml (2/3 cup) 35 per cent whipping cream
- 23-cm (9-inch) pie crust, partially baked in advance

1. Preheat oven to 180 C (350 F). Then cut pumpkin in half; scrape away seeds and fibre and place cut side down on an oiled baking sheet. Cover with foil and bake until very tender. Timing will vary from 35 minutes to more than an hour depending on the size and density of the pumpkin. Let pumpkin cool, then remove peel and mash until very smooth. If you wish, force puree through a fine-meshed sieve for extra smooth texture. Let cool and refrigerate. Set aside 375 ml (1 1/2 cups) pumpkin puree for this 23-cm (9-inch) pie; any extra can be frozen for future use.

2. In a large bowl, using an electric mixer on medium speed or with a whisk, beat eggs and both sugars together until combined and smooth and pale in colour. Add pumpkin, cinnamon, ginger, nutmeg and salt. With electric mixer or using a wooden spoon, stir to combine. Fold in cream and brandy, if using.

3. Place pie plate lined with partially baked pastry shell on a baking sheet. Fill with pumpkin mixture. Bake in a 180 C (350 F) oven until pastry is golden and filling is just set, 40 to 45 minutes. Let stand for 10 minutes.

4. Serve at room temperature or chilled, perhaps with a spoonful of sweetened vanilla or brandy-flavoured whipped cream on the side.

THE CANADIAN PRESS/ ALL THE BEST RECIPES BY JANE RODMELL (ROBERT ROSE, 2009)

The Best Pumpkin Pie

This recipe serves six. THE CANADIAN PRESS HANDOUT

Drink of the Week

Cold Pumpkin Pie Cocktail

Pumpkin pie is the perfect fall treat. This delicious drink pays homage to it with tasty vanilla vodka and Baileys Irish Cream.

- 2 oz vanilla vodka
- 1/2 oz pumpkin spiced syrup
- 3/4 oz lemon juice
- 1/2 oz Baileys Irish Cream
- 1/4 oz Frangelico

Shake all of the ingredients hard and strain them into a cocktail glass. Garnish the top with a dash of cinnamon.

METRO WORLD NEWS/ COLIN MAXWELL, ABE & ARTHUR'S IN NEW YORK

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HERBERT LUI
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There's an extremely important function in a business that has gained a lot more prominence lately. The words "business development" are starting to pop up more and more. Even more relevant is an organization's willingness to let young workers and interns participate in this function.

Fundamentally, as the name suggests, business development is about growing a business. In larger companies, this means creating a very high-level vision, and developing the relevant strategies for the company to reach that vision.

What does it all mean?

"Business development determines how much of the business will grow, and where that growth will come from."

Satish Kanwar
Co-founder and director of business development of Jet Cooper

There's often a mix-up that happens in people's minds between business development roles and sales roles. "The confusion happens because with startups, those two stages are the same. In comparison to the early days of brute force selling, companies gradually need to start looking at growing at a more strategic level," explains Jet Cooper co-founder and director of business development Satish Kanwar.

In smaller startups, a lot of business development is essentially intertwined with sales, because that's the healthiest way for smaller organizations to grow. Customer acquisition, especially in the early stages of a company, is a crucial task to a young company — both in terms of cash, but also in terms of idea validation and increasing its appeal to potential investors or acquirers.

"Business development determines how much of the business will grow, and where that growth will come from, and defines the approach to capturing that growth," elaborates Kanwar. "Sales creates the relationships with customers or users in order to align them to that product or service. Sales is the execution of the plan; business development is the creation and focus, and measurement, of that plan."

Business development, as a whole, is very much about exploring the unknown. Creativity is crucial to this role. Similarly, focus is important. Business development people can't afford to spend their time in random meetings. Instead, they need to work with brands that have momentum.

Excellence in business development also comes in the form of a quality that a lot of successful business development people share. The term hustling refers to a trait that is extremely valued, particularly by individuals looking to recruit for business development. There isn't one standard definition of hustling, but essentially hustling is about working hard, being resourceful, and making results happen on time.

Student voice

A rough go after graduation

Harmanmeet Garg
Graduate, Computer networking
Humber College
TalentEgg.ca

I came to Canada as an international student and studied computer networking at Humber College in Toronto. Then I moved to Winnipeg to settle and get permanent residency because it's easier to get permanent residency in Manitoba than in Ontario.

When I graduated, I applied for lots of jobs and I am still applying — every day I apply for 20 to 25 jobs online, and on weekends I hand out my resumés at stores.

I have the computer knowledge, excellent mathematical, data entry, multitasking and interpersonal skills, and I am hard-working, but I have received no replies to my applications.

Pounding the pavement

"When I graduated, I applied for lots of jobs and I am still applying — every day I apply for 20 to 25 jobs online, and on weekends I hand out my resumés at stores."

Harmanmeet Garg

What I'm doing now

I am working full-time at Wendy's, where I am doing my best to get promoted because I don't want to work on a grill dropping meat patties for $10 an hour.

I respect every job and profession, but it's not my career interest.

Plus, I am only earning about $1200 per month and I need money to pay back my student loan. I am well qualified and I do my best in a job, so I am trying to get a job with a good salary in a good company.

My advice for students

My advice is choose what you study according to your interests and study hard, because when you graduate it matters a lot how well you studied.

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Pitch perfect: Selling the professional self

A CV for sales.
It's a position that calls for impeccable presentation, so give that resumé a serious once-over

LEAH RUEHLICKE
TalentEgg.ca

Demonstrating that you are a results-oriented individual is imperative in landing that sales job. ISTOCK

If you're looking to enter the sales industry, your first task will be effectively selling yourself through your resumé.

After all, if you can't submit a convincing pitch or create an effective sales document, employers probably won't take you seriously for an entry level sales job.

Lidia Cords, human resources and talent acquisition manager at Collective Point of Sale Solutions in Toronto, offers some tips and best practices on how to ensure you make that sale:

Sales resumé No. 1: Have an objective

Including a relevant objective confirms to a potential employer that you know which job you're applying to and have made efforts to personalize your resumé for that position. You can even mention the name of your desired role in the objective.

That being said, having no objective is better than having a general objective. "So often objectives don't make sense to the role you're applying to and you can lose credibility that way," Cords warns.

Sales resumé No. 2: Be relevant and specific

"The way you showcase your experience is what's going to set you apart," Cords says. For example, imagine two resumés with the same experience at a fast food restaurant. If one candidate lists very simply what their role was, while the other elaborates that they often worked the drive-thru and consistently beat the time allotted for each order, it's easy to see which resumé an employer is going to be more drawn to.

Sales jobs are often about meeting goals and achieving targets, whether that's in terms of dollars and cents, contacts made, meetings booked or other metrics, so it's essential that you find ways to demonstrate that you are results-oriented in your resumé.

Furthermore, not all students and new grads have a lot of direct sales experience, but there are many ways you can tap into other experiences you've had and relate them to sales.

You might have worked for your school's alumni association conducting cold calls to potential donors, for example. This would allow you to showcase your ability to communicate and negotiate with people, and express your experience making outbound calls. "This is a skill you really want to highlight for a sales job," Cords says. "You really want to pull out the relevant skills that make sense for the job you're applying to."

Sales resumé No. 3: Use keywords

The sales industry, like any field, requires candidates with particular strengths. Use words and phrases such as:

- self-motivated
- results-oriented
- competitive
- outgoing
- hard working
- driven

Then explain why these words describe you using real examples. For example, including your extra-curricular experience on a sports team will demonstrate your competitiveness. Writing about your leadership role on a committee at school shows your hard-working nature.

"Keywords are important," Cords says. "Really review the job that you're applying for and emphasize their criteria on your resumé."

Sales resumé tip No. 4 Be eye-catching and error free

Every recruiter is going to have a personal preference as to what really catches their eye, but something that all hold as absolutely vital is a resumé that is easy to read. "If a resumé is hard to read and you can't see those keywords quickly, you might get bypassed," Cords says.

Cords also emphasizes the importance of ensuring you have zero mistakes in the spelling and grammar department.

Another tip? Present your resumé in a PDF file rather than a Word document (unless otherwise specified, of course — pay close attention to what the employer is requesting).

When an employer opens up your resumé on a Word document, they're going to be presented with all of those oh-so-eye-appealing red underlines. Even if you have nothing spelled wrong, the name of a company or even your own name is bound to get noticed by the spell checker.

"This brings attention to those things rather than your experiences and what is actually important," Cords says.

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Before you send it off...

There are some little things that one might not even think about when submitting a resumé, but when you're reviewing an endless pile, these things start to get noticed:

- Ensure your contact information is correct.
- If you live outside of the city in which you are applying to, make sure you say in your cover letter that you are re-locating.
- If you are continuing your education and list this on your resumé, again use your cover letter to explain your status. Many employers may assume you are a full-time student, so if you're applying to a full-time job, this might cause your resumé to get passed on. A quick note in your cover letter that you are "taking a night class in (area of study)" should clear things up.

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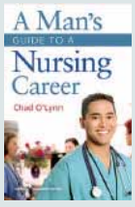

Being a nurse

"It's one of the most gender-imbalanced fields in the health profession."

Chad O'Lynn
Author of A Man's Guide to a Nursing Career

No, I don't want no scrubs

Let's hear it from the boys. The doors are wide open for males to enter the nursing field, so where are the applicants?

BRUCE WALSH
life@metronews.ca

Sidelining the stereotypes will prove imperative for this field's future. ISTOCK

Chad O'Lynn has taught nursing at Montana State University and the University of Portland. In 2006 he co-authored the first comprehensive academic book on men in nursing. But his latest, A Man's Guide to a Nursing Career, is intended as a pragmatic introduction for men in the field or those considering it.

Is there still a big demand for nurses?
Yes. Even in a tight job market, we're facing a looming nursing shortage.

Can nursing be a good second career?
Definitely. In fact, there's research that suggests that men are more likely to come to nursing as a second career.

In the U.S., what percentage of nurses are men?
Depending on the source, it ranges from about 6.9 to 7.2 per cent. It's one of the most gender-imbalanced fields in the health profession.

Has that number changed over the years?
In 1960 it was one per cent. In the '90s it was around five per cent. So, not much, comparatively.

Is there a perception that most men in nursing are gay?
That's an unfortunate, damaging stereotype. There's no evidence to suggest that. Sadly, being gay carries a stigma in our society, so men may reject the idea of a nursing career because of it. My sense is that that perception is less of a problem today than it used to be. In years gone by it was a huge problem, and it was well documented in the literature.

Has there been a push by any major institutions to get more men in nursing?
The short answer is no. Men are not a minority group, so they can't be given preferential treatment in recruitment programs.

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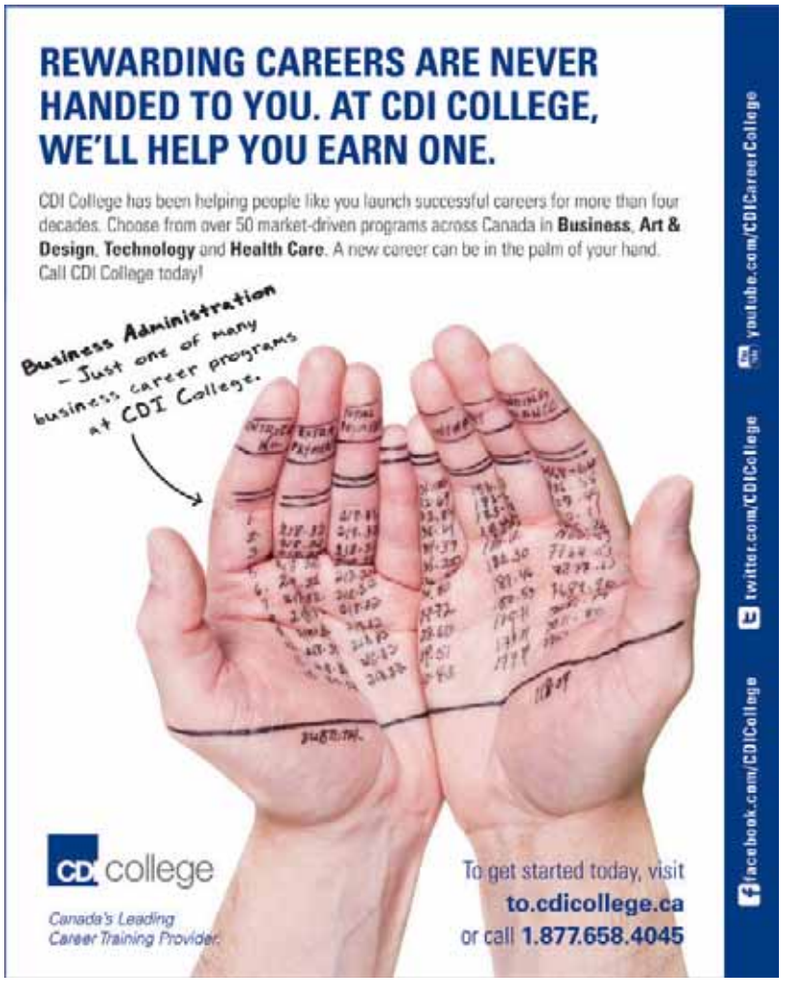


NHL

Complacent owners holding back agreement, Crosby says

Sidney Crosby says it takes two to tango.

The Pittsburgh Penguins captain stood by his comments voicing frustration Tuesday at the lack of movement in negotiations on a new collective bargaining agreement between the NHL and the NHL Players' Association.

And Crosby pointed the finger squarely at the owners.

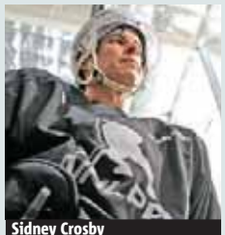
"I don't think there's much negotiating going on. I think as far as the proposals are concerned, it's just kind of at a standstill right now," Crosby told reporters after skating in Pittsburgh. "I think that we've made steps to show that we're willing to negotiate.

"I don't think that's really happening on the other side."

Talks between the NHL and the NHLPA to end the lockout stalled again over the weekend. No bargaining sessions are planned and Crosby says players feel like they're negotiating with an unwilling partner.

"The desperation to play doesn't really seem like it's on their side. I think there's a deal to be made (but) I think negotiations have to be made if there's going to be a deal," he said. "If it keeps going like this, everybody's going to lose, there's no way around it.

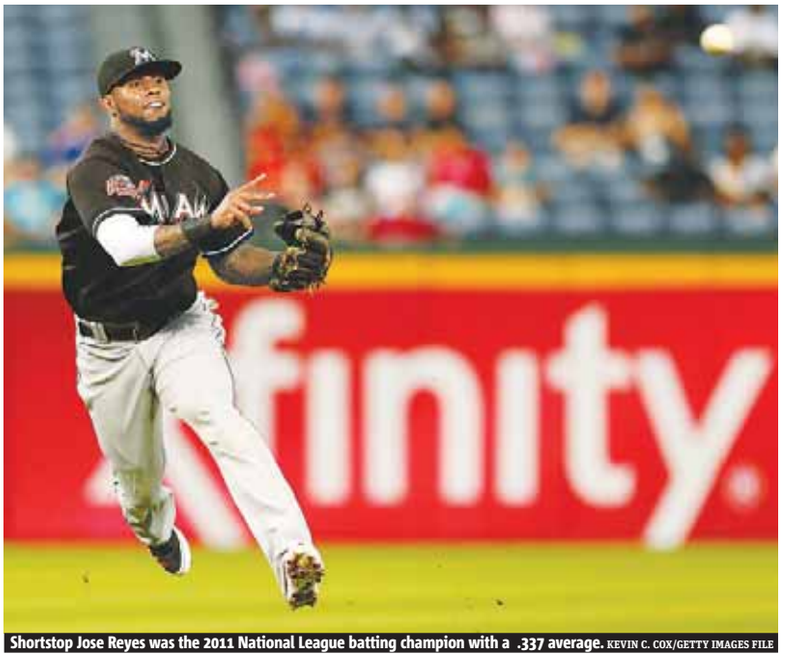
"Everybody's going to lose." THE CANADIAN PRESS



Sidney Crosby
THE ASSOCIATED PRESS FILE

Blue Jays brass shows willingness to go big

MLB. Blockbuster trade with Marlins will be defining moment of GM Anthopoulos's tenure in Toronto



Shortstop Jose Reyes was the 2011 National League batting champion with a .337 average. KEVIN C. COX/GETTY IMAGES FILE

At Major League Baseball's all-star game in July, Jose Bautista — the Blue Jays' lone representative — lamented how general manager Alex Anthopoulos had not done enough to make the Jays competitive in the AL East.

On Tuesday night, Bautista was singing a very different tune.

"Its a good day to be a bluejay!" he tweeted, as reports of a blockbuster trade between the Jays and the Miami Marlins rapidly circulated online.

Though no official announcement had been made at press time, the Jays and Marlins reportedly swapped a total of 13 players, with Toronto acquiring four-time all-star shortstop Jose Reyes, veteran starting pitchers Josh Johnson and Mark Buehrle, as well as John Buck and Emilio Bonifacio, in exchange for young right-hander Henderson Alvarez, shortstops Yunel Escobar and Adeiny Hechavarria, catcher Jeff Mathis and a trio of top-ranked prospects — Jake Marisnick, Justin Nicolino and Anthony DeSclafani.

The trade dramatically alters the makeup of the Jays' 2013 roster, instantly improves their starting rotation and pushes their annual payroll over $100 million and into the upper echelons of the league.

It also ties them to a number of long-term contracts, with both Reyes and Buehrle recently inking expensive deals. The deal will likely come to define Anthopoulos's tenure as the club's GM.

But on Tuesday night, as details of the trade spread wildly on Twitter, there was only excitement among Jays' players and fans.

"Can't wait to hear the magic words…IT'S OFFICIAL," tweeted Jays' closer Casey Janssen, echoing the sentiments of Bautista and many Jays fans.

TORSTAR NEWS SERVICE

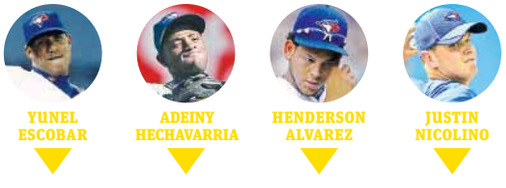
By the numbers

$163M

With the trade, the Blue Jays take on more than $163 million in guaranteed salary for just four players over the next five years.

Key pieces to Toronto:

Key pieces to Miami:



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Younger hopes to taste victory over Als again

CFL. Argos safety up for challenge of knocking off East Division's top seed

Jordan Younger has enjoyed the spoils of playoff success against the Montreal Alouettes, that being a 2004 Grey Cup ring.

But mostly Younger's post-season experience versus Montreal has been bitter disappointment, a trend the veteran safety hopes to change Sunday when the Toronto Argonauts face the Alouettes in the East Division final.

"I've been in the league nine years and was fortunate enough to win a Grey Cup my first year, but spoiled in the sense I thought that was just going to be how it was," Younger said following Tuesday's practice at Rogers Centre. "It's been eight years since I've been back and that's a long time.

"When you think about everything I've been through leading up to this moment, I'm just first thankful to have it again and don't want to waste it."

As a rookie, Younger helped Toronto earn a 26-18 road win over Montreal in the East final before downing B.C. 27-19 in the Grey Cup game in Ottawa.

But since then, the Alouettes have sent Younger packing in the playoffs — 2005, '06, and 2010 with Toronto and '08 with the Edmonton Eskimos.

"You respect the fact they've earned the right to compete against you, the ultimate opponent in that sense as far as my career is defined," Younger said. "I know they'll be ready to play."

Montreal (11-7) finished atop the East Division and is hosting the conference final for the fourth time in five years and ninth time since 2000. The Alouettes are looking to make their ninth Grey Cup appearance in 13 seasons.

But a Toronto (9-9) win would give the Argos definite home-field advantage for the 100th Grey Cup on Nov. 25 at Rogers Centre. THE CANADIAN PRESS

Quoted

"They're the man and if you want to be the man, you've got to beat the man. It won't come easily, but you don't want it to."

Jordan Younger, Argos safety, on facing the Alouettes

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Youth football

London coach gets NFL Canada honours

Dave Hocking of London was named the winner of the 2012 NFL Canada youth coach of the year award Tuesday.

Hocking is a volunteer coach with two minor football teams as well as the junior squad at John Paul II Catholic Secondary School. He also founded a Cleats for Kids charity.

Hocking will be a guest of the NFL at this year's Vanier Cup celebrations in Toronto and honoured at the CIS All-Canadian banquet Nov. 21. A $5,000 donation of equipment will be awarded to the London Minor Football Association and John Paul II Catholic Secondary School.

THE CANADIAN PRESS

NFL

Tomlin offers few details on Big Ben

Ben Roethlisberger left Heinz Field on Monday night with his sprained right shoulder in a sling. When he walks back in ready to play is anybody's guess.

Steelers coach Mike Tomlin called Pittsburgh's franchise quarterback "questionable" but otherwise offered little detail Tuesday, less than 24 hours after Roethlisberger was pounded into the ground by Kansas City Chiefs linebackers Tamba Hali and Justin Houston during Pittsburgh's 16-13 overtime win.

"He is being evaluated," Tomlin said. "Obviously this injury puts his participation in the questionable category for this week."

THE ASSOCIATED PRESS

Ben Roethlisberger GETTY IMAGES

Skiing

Lindsey Vonn still in hospital

Four-time overall World Cup ski champion Lindsey Vonn remains hospitalized in Colorado with "severe intestinal pain" that has been affecting her for the past two weeks, her spokesman says.

THE ASSOCIATED PRESS

Calderon's triple-double helps Raptors end 4-game losing streak

NBA. Tired Toronto team beats Indiana despite scoring just five points in fourth quarter

Tuesday's game

Raptors	Pacers
74	72

Jose Calderon is the oldest Raptor, a fact he likes to joke about every now and then, and is the team's longest-serving player.

He may not be as glamorous or athletic or talented as some of his teammates, but he is in so many ways a leader. He's one to offer encouragement and see promise where others might not, he is upbeat and steadfast that things will turn around.

And in what might eventually go down as one of the most significant wins of however many the Raptors register this season, he simply willed his team to victory.

Registering the first triple-double of his career and shaking his team out of an atrocious start with a great offensive first quarter, Calderon helped engineer an improbable 74-72 win here Tuesday night that halts Toronto's four-game losing streak.

"Big-time will" is how coach Dwane Casey described Calderon's 13-point, 10-assist, 10-rebound night. "I've always said how much I respect Jose. He knew he had to bring it tonight and he got us going after we got off to a slow start. He jump-started us."

But even more than the 10-point, four-assist first quarter, it was Calderon's calmness and his leadership that shone through.

The Raptors were almost completely out of gas down the stretch — they scored just five points on one field goal and three free throws in the entire fourth quarter — but when Calderon handled the ball on offence they efficiently ran off enough clock to stave off the Pacers.

It wasn't pretty — in fact it was downright ugly — but it'll look like a 25-point win in the standings in the morning.

And when a final frenetic flurry ended with two Indiana misses in the final 13 seconds, Calderon looked skyward as if to thank someone.

"Five points, one field goal in the fourth quarter? And we still got the game? It's perfect," said Calderon, the 31-year-old who played 40 minutes Tuesday after going 50 minutes in a triple-overtime loss at home Monday.

Perfect is a stretch but it was a much-needed boost for a reeling team. Toronto was still without Kyle Lowry, Alan Anderson and Landry Fields but didn't buckle to the circumstances. There will be prettier wins but there might not be one as important.

"I think it's really important for the team because we've been working really hard, the team is doing really great, everyone is trying to do the right thing and we couldn't get that win," said Calderon.

"Hopefully this will help us to get that pressure off and start to play a little bit more comfortable."

The collective psyche of the Raptors has been beaten down almost since the season began. They've been in games only to lose them in silly ways, with horrible defence for a few minutes one night, shoddy offence for a few minutes the next. They lost Monday when Utah's Al Jefferson made just the second three-pointer of his entire career and the Raptors had to be wondering what they had done to the mystic overseers of the game.

"We deserved to win that game," said Casey. "The basketball Gods were against us last night. Tonight with one field goal in the fourth quarter he came back and knocked on our door again."

The Raptors now have three days to rest before facing Boston on Saturday.

TORSTAR NEWS SERVICE

The Indiana Pacers' David West, left, and the Toronto Raptors' Jonas Valanciunas compete for a loose ball on Tuesday in Indianapolis. Toronto won 74-72. DARRON CUMMINGS/THE ASSOCIATED PRESS

Quoted

"I told them this has to be the start. We're going to have some more rough roads but this gets us off that schneid."

Raptors coach Dwane Casey on Toronto's win on Tuesday

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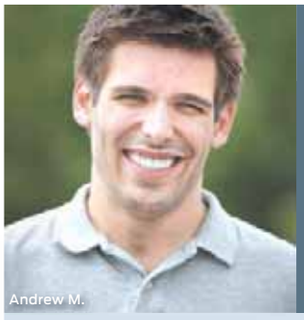

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‘With no particular place to go.’ Is the casual drive dead?

Autopilot

AUTO PILOT
Mike Goetz
drive@metronews.ca

“Riding along in my automobile” isn’t really a pastime anymore. Nearly every journey we take serves a purpose. HANDOUT

We’ve got a skinny latte at the ready in the cup holder, a navigation system lighting our way and electric elements in the seats warming our nether regions and lower back, but we don’t seem to be whistling a happy tune behind the wheel.

Most likely we’re mumbling about the traffic or the road construction. Could also be something more generic, like the idiocy of our fellow humans, or the crush of time.

Basically, we’re getting nicer vehicles, but the nature of our trips is going the other way, the wrong way. We take too many of them, and most of them are just about getting somewhere under a tight deadline. It’s a scenario that’s killing some of the joy of driving and pushing “just going for a drive” to extinction.

Now, I don’t want to sound like a folksinger. (How many folksingers does it take to screw in a light bulb? Four. One to screw in the light bulb, three to sing about how much better the old light bulb was.) But not too long ago, I think more people went driving for the sake of it — as an enjoyable way to pass some time.

The term “Sunday afternoon drive” is still in our vernacular, but who goes on those things anymore? Last time I suggested we go on a Sunday afternoon drive the kids looked at me like I was on drugs. One turned back to their digital entertainment device without saying a word.

The other said, “Great idea, Dad,” in a totally ironic way, before turning back to their digital entertainment device.

If you’re already driving tons, I can see why you wouldn’t want to get into the car again, but that isn’t the only thing driving “not driving.” It’s been well documented that younger generations aren’t purchasing cars like previous generations — if you don’t have a vehicle at your disposal, the chances are good you’re not going on any kind of drive, particularly the “just for the hell of it” type.

In an article chronicling how car use is peaking in the rich world, The Economist had this to say about the younger generation’s totally digitalized life and indifference to the automobile: “Never before has not travelling been so much fun.”

Fuel expenses and the desire to be more green are also crimping recreational driving. And what about electric vehicles? Are you gonna blow your whole 12-hour charge on some aimless car ride?

As any culture, car culture has to constantly change and evolve. It’s evolved to a point where people are increasingly less likely to jump in a car and just drive for the sake of it.

There’s good in that for sure, but I’m just saying we’re losing a very cool pastime practiced and enjoyed by many generations before us — a pastime that, when you’re lucky, affords you an awesome headspace you’ll not find any other way.

Corvette will be hard pushed to top this topless gem in 2014

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The Corvette 427 convertible is capable of over 300km/h. ALL IMAGES WHEELBASE

It can reach 96km/h from zero in 3.8 seconds and has a sleek side profile.

We've got a skinny latte at Chevrolet that takes the wraps off the next-generation Corvette at the North American International Auto Show in Detroit Mich., on Jan. 13. But this General Motors division is wrapping up the outgoing 'Vette in grand fashion with the 427 Convertible Collector Edition.

Whether the 427 actually achieves collector-car status is really up to buyers and, likely, two or three decades of time, but this Corvette will be much sought-after for being the most powerful production roadster to wear the crossed-flags logo.

These days, the Corvette, Chevy Camaro and other iconic marques pay homage to their storied pasts by providing thoroughly modern content. The 427 owes its name to the last of the so-called second-generation C2 Corvettes (1963-'67) that were available with 427 cubic-inch (7.0-litre) V8s and up to 435 horsepower.

Chevrolet re-introduced that particular engine displacement for the 2006 model year in the Corvette Z06. It continues to produce 505 horsepower and 470 pound-feet of torque and has until now been available strictly in coupes. For the Corvette's diamond anniversary, the LS7 and its accompanying rear-mounted six-speed manual gearbox can be had for the first and last time in the current (C6) convertible body style.

The LS7 is remarkable not only for its prodigious output, but for how it achieves its potency. The engine is hand-assembled at GM's Wixom, Mich., Performance Build Center and uses special cylinder heads, intake valves, titanium connecting rods and other key ingredients originally developed in conjunction with the Corvette road-racing program.

It has the largest displacement of any Corvette engine, but not the most power. The ZR1 gets that honour, but with a 6.2-litre V8 topped with a supercharger.

The 7.0/427 also features dry-sump lubrication — essentially an external oil reservoir — that keeps oil flowing even during high cornering and braking loads.

The exhaust gasses exit through dual-stage mufflers that open up more when you tromp the gas. The system is optional on base Corvettes.

Chevrolet claims the 1,520-kilogram Corvette 427 can streak to 96 km/h from zero in 3.8 seconds and is capable of a top speed somewhere north of 300 km/h. It can also achieve up to 1.04 Gs in lateral acceleration, assisted by a set of Michelin PS2 tires mounted on ZR1-sized 19x10-inch alloy wheels in front and 20x12s at the rear.

These performance numbers would be impressive on nearly any high-performance machine you can think of, at any price.

To maximize ride and handling, the 427 comes with Magnetic Selective Ride Control.

The system includes special shock dampers that adjust their settings up to 1,000 times per second, according to road conditions and driver input. In this regard, the 427 might be better than the Z06 since magnetic ride does not come standard in that model. The 427 also includes the Z06's larger brakes.

Outwardly, the 427 gets numerous design cues borrowed from the Z06, such as wider front carbon-fibre fenders. Out back are the Z06's wider fenders (7.5 centimetres wider overall) and the supercharged ZR1's spoiler.

The first of three 427 trim levels carries a full load of standard equipment, including keyless push-button start, premium Bose audio system and voice-controlled navigation. Optional are heated leather-covered seats, power-adjustable steering column and a power-folding top.

Various option packages add fancier machine-faced wheels, carbon fibre front spoiler, hood and rocker panels, and 60th anniversary branding displayed all over the vehicle.

But easily the most intriguing option is the Engine Build Experience. For about $5,800 US, you get to assemble your very own 427 engine right on the shop floor, with Chevrolet's engine-building pros looking over your shoulder, of course.

At a $93,900 starting price, the 427 is the most expensive convertible that Chevrolet has ever constructed, but it's a steal of a deal compared with more outrageously priced, extra-quick hardware.

It also proves that Corvette ranks as one of the world's quickest and most capable of sports cars. It's hard to imagine how the all-new 2014 version will move the needle, but we can't wait to find out.

Points to note

- **Differences.** There are several reasons the 427 can't technically be called a Z06 convertible. For example, it doesn't use the Z06's aluminum frame rails. Instead, think of the 427 as a Grand Sport convertible with a better engine. Along for the ride are the Z06's larger brakes.
- **Model mix.** The 427 convertible blends several models of Corvette to end up with a fast, capable and good-looking package. It's the closest you'll get to a Z06 convertible and adds the excellent magnetic ride control from the ZR1, which is optional for the Z06.

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HONDA

*$1,000 Honda Dollars offer applies only to retail customer purchase or lease agreements for new 2012 Honda Civic Coupe and Sedan models (except Civic Hybrid models) // 2012 Honda CR-V models concluded between November 1 and November 30, 2012 at participating Ontario Honda Dealers. $1,000 Honda Dollars must be applied towards the purchase or lease of an eligible vehicle. Honda accessories, extended warranty and are deducted after taxes. †Receive 1.99% purchase financing on any new 2012 Honda Civic DX Sedan (Model FB2E2CEX) for a maximum of 84 months available through Honda Financial Services Inc., on approved credit. Bi-weekly Finance example: based on a 2012 Honda Civic DX Sedan (Model FB2E2CEX) equals 182 bi-weekly payments of $97 over an 84 month term at 1.99% APR, complete selling price of $16,520 [includes $1,495 freight and PDI, EHF tires ($29), EHF filters ($1), A/C tax ($100 except Honda Civic DX), and OMVIC fee ($5). Excludes taxes, license, insurance, and registration]. Cost of borrowing is $1,190.42 for a total finance obligation of $17,710.42. Down payment or equivalent trade-in on purchase financing offers may be required based on approved credit from Honda Financial Services Inc. Ω Limited time lease offers on a new 2012 Honda CR-V LX 2WD (Model RM3H3CE) // 2013 Honda Accord LX (Model CR2E3DE) available through Honda Financial Services Inc., on approved credit. Representative lease example: based on a 2012 Honda CR-V LX 2WD (Model RM3H3CE) // 2013 Honda Accord LX (Model CR2E3DE) on a 36 // 36 month term at 0.99% // 2.99% lease APR, the monthly payment is $288.00 // 257.99 [includes $1,640 freight and PDI, EHF tires ($29), EHF filters ($1), A/C tax ($100), and OMVIC fee ($5)] with $4,678 // $3,929 down payment or equivalent trade-in, $0 security deposit and first monthly payment due at lease inception. Total lease obligation is $15,046.00 // $13,216.64. 72,000 // 72,000-kilometre allowance; charge of $0.12/km for excess kilometres. During the initial model launch period, dealer inventories of 2013 Accord models may be low. Dealer order may be required and delivery delays up to two months may be expected. ◆$5,000 customer cash incentive is valid on any new 2012 Honda Pilot // 2012 Honda Ridgeline // 2012 Honda Crosstour models when registered and delivered between November 1 and November 30, 2012. Cash incentive is available for all Honda retail customers except customers who lease or finance through Honda Financial Services Inc. at a subvented rate of interest offered by Honda as part of a low rate interest program. All advertised lease and finance rates are special rates. Cash incentive will be deducted from the negotiated price before taxes. §$500 Honda Dollars offer applies only to retail customer purchase or lease agreements for all new 2012 Honda models (except 2012 Honda Civic Coupe and Sedan // 2012 Honda CR-V) concluded between November 1 and November 30, 2012 at participating Ontario Honda Dealers. $500 Honda Dollars are deducted after taxes. For all offers: license, insurance, PPSA, and other taxes (including HST) are extra. Taxes payable on full amount of purchase price. Offers only valid for Ontario residents at Ontario Honda Dealers. Dealer may sell/lease for less. Dealer order/trade may be necessary. Vehicles and accessories are for illustration purposes only. Offers subject to change without notice. See your Ontario Honda Dealer or visit HondaOntario.com for full details. ◊Cargo space calculated on volume behind second-row seats with rear-seats up for two-row vehicles in segment and third-row seats with rear seats up for three-row vehicles in segment. Compact Segment classification based on Association of International Automobile Manufacturers of Canada (AIAMC). All measurements sourced from data published by each manufacturer. ‡Does not replace the driver's responsibility to exercise due care while driving. ΔText message and e-mail functions are only compatible with certain devices. ◆◆Based on Association of International Automobile Manufacturers of Canada (AIAMC) data reflecting sales between 1997 and December 2011.

SCAN HERE FOR MORE INFORMATION

Must-have winter-busting features

Peace of mind.
Automakers offer driving confidence and comfort for the cold months ahead

JUSTIN PRITCHARD
drive@metronews.ca

Whether you're considering a new SUV, sports car or hybrid sedan, a wider range of winter-busting features than ever are making their way into new vehicles. All have the goal of helping take the unpleasantness out of winter driving — and all are more affordable and accessible than they were even five years ago.

Whatever new ride you're contemplating, be sure to check out features designed to help keep you safe and comfortable on the go when the cold weather hits. Your sales representative would love to show you some of the following:

High performance lighting
Once reserved for high-dollar luxury cars, high-performance xenon lighting is available in more vehicles than ever before. Xenon lighting provides superior light output compared to a conventional halogen setup, which keeps your eyes from straining to see up the road and reducing eye fatigue on road trips that last late into the evening. The difference is, virtually, night and day.

Winter tires
Winter tires give your new vehicle's AWD system and advanced braking and stability technologies more traction to work with. In addition to maximizing grip between your car or truck and a snowy road, installing winter rubber results in a notable increase in vehicle stability at speeds, as well as shorter stopping distances.

Remote start
Forget freezing your butt off on those chilly mornings. Factory installed remote start functionality means a simple touch of a button on your keyfob is all that's required to preheat your new ride from inside the house, office or gym. Automatic shut-off after several minutes means your engine won't run needlessly if you get tied up after starting it.

And, unlike aftermarket systems, factory remote start is covered by your new vehicle warranty and doesn't require an installer to splice into your factory wiring. Some remote start systems even let owners start their vehicles from their Android or Apple Smartphone.

Hands-free functionality
Steering-wheel mounted controls, voice-command and automatic features are all becoming more common and affordable. In particular, features like automatic lights and wipers, combined with voice-commanded climate control and navigation functionality all reduce the need to take your hands off of the wheel in bad weather.

All wheel drive (AWD)
The latest advanced AWD systems are now more accessible and affordable than ever, and work to enhance year-round traction on any surface. Forget that snowstorm or icy sideroad — with AWD on board, your ride will get you where you need to go with no second thought. Getting stuck in that snow-plow hump at the end of your driveway will become a thing of the past, too. Manufacturers like Mitsubishi, Subaru and Suzuki even offer AWD on their compact cars. Use winter tires with your AWD for maximum results.

Avoid getting stuck at the road side like this guy. HANDOUT

Automatic climate control
An automatic climate control system maintains cabin temperatures at pre-set levels with no fiddling required by the driver. Used with increasingly-popular features like heated seats and a heated steering wheel, it helps ensure all passengers enjoy a warm and comfortable ride.

Big winter no-nos

- **Driving too fast.** Driving at dangerous speeds in freezing and snowy weather is the most common cause of winter mishaps.
- **Slamming the brakes.** A lot of drivers will instinctively pound the brake pedal when something unexpected happens. On dry roads, that's usually okay, but on slick ones it's a different story and can be fatal.
- **Breaking and speeding around a bend simultaneously.** A tire only has so much traction in the rain and snow, so trying to do more than one thing at a time raises the chances of your vehicle losing grip and sliding into something.
- **Not looking far enough ahead.** Experts agree that a large number of motorists do not look far enough ahead to spot issues before they become problems.

CLASS ACTION AGAINST VOLKSWAGEN

NOTICE OF APPROVAL OF THE SETTLEMENT AGREEMENT

IF YOU PURCHASED OR LEASED A 2006 VOLKSWAGEN JETTA YOU COULD BE COMPENSATED BY THE AGREEMENT

MODEL COVERED
2006 Volkswagen Jetta vehicles with serial numbers between 1K_5M000001 and 1K_6M759703.

THE PROBLEM
The approved agreement pertains to problems resulting from the premature wear and severing of left front driver door wiring harness which causes intermittent or permanent problems related to the use of accessories and / or use of power from the electrical system of the vehicles covered (the "Problem Covered").

THE COMPENSATION
Persons who repaired, replaced or purchased the wiring harness for the left front driver door may obtain **a reimbursement of $320.00** less, in some cases, a credit granted or previously reimbursed by Volkswagen or one of its authorized dealers relating to the Problem Covered and, in all cases, court approved deductions for legal fees and statutory withholdings.

THE EXTENDED WARRANTY
Moreover, the **warranty** on this part is **extended to 8.5 years (102 months) or 165,000 km** from the in-service date, whichever comes first. An amount of $60.00 plus applicable taxes must be paid by the members to take advantage of the repairs under the extended warranty.

If you repaired, replaced or purchased the wiring harness for the left front driver door and want to claim a reimbursement, you must, **by March 29, 2013 at the latest, submit a Claim Form**, which is available online or from the Claims Administrator:

BRUNEAU GROUP INC.
Volkswagen 2006 Jetta Claims
P.O. Box 20187 - 390 Rideau Street
Ottawa, ON K1N 9P4

Tel: 1-866-288-3683
Fax: 1-613-562-0321
Email: info@vwclaim.ca
Website: www.wwclaim.ca

You can also obtain the Claim Form and information relating to this Agreement at:
www.sfpavocats.ca/volkswagen

YOU DO NOT WISH TO BENEFIT FROM THE AGREEMENT?
You may exclude yourself ("opt-out") by providing, **by January 13, 2013 at the latest**, the Opt-Out Form available online or from the Claims Administrator at the address above.

THE ATTORNEYS FOR THE CLASS ACTION:
SYLVESTRE FAFARD PAINCHAUD
740, Atwater
Montreal (Quebec) H4C 2G9
Tel: (514) 937-2881 #230
Fax: (514) 937-6529
Email: lo.fontaine@sfpavocats.ca
Website: www.sfpavocats.ca/volkswagen

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OMG! It's today's automotive acronyms

Auto Know.
Learn the latest capped-up vehicle jargon with this handy breakdown

TODD D. BURLAGE
Wheelbase Media

BLIS, CARB, AIRSCARF and CAFE. They could be from a teenager's text message, but these are actually just four of the hundreds of acronyms coming to a new-car showroom near you.

Yes, when it comes to confusing abbreviations to describe new and confusing technology, there aren't many industries that can match the automotive world. All tolled, more than 500 anagrams cover nearly every part, system, procedure and agency in the automotive universe. And as the 2013 battle for new-car supremacy revs up, it's the acronym FI (fuel injection) that buyers and manufacturers are paying the closest attention to.

Fuel consumption and technology continue to be the top priority for new-car builders, who end up bringing buyers along for the ride — sometimes kicking and screaming.

And whether it's the TC (turbocharger) or GDI (gasoline direct injection), these efficient power enhancements are upping the ante.

"Some form of these operations have been around for decades," said Chris Woodyard, automotive news analyst for USA Today. "But the engineers and manufacturers are finding ways to make them better and more efficient with every model year."

So how do these systems work and why are they a cornerstone of the new-car sales market? Simply put, a turbocharger(s) is an air compressor that's driven by exhaust-gas pressure. The point is this: The more air, the more fuel that can be carried and the more power the engine makes when the air-fuel is ignited. A non-turbocharged engine relies on atmospheric pressure alone for its air intake and is therefore limited by that.

A turbocharger is a power adder. So, a very small engine, such as the 1.4-litre four-cylinder in the new Dodge Dart, gives good fuel economy while a turbocharger adds passing power when needed.

Direct injection is the newest method in which fuel travels to the combustion chamber. In a traditional gas engine, injectors spray fuel through the intake manifold where it's mixed with air while entering the cylinder. The modern direct system squirts fuel directly into the combustion chamber. The advantage is that the fuel can be very specifically tailored to driving conditions. For example, while coasting down the highway where little power is required, the fuel can virtually be shut off. The computer programming is complicated to make the transitions smooth between coast and power, for example, and the combustion chambers and piston tops have a specific shape for direct injection, but just about any new engine built these days uses the technology.

The TT (tech talk) can be boring, but it is RR (required reading) because these systems are helping to steer the direction of the NCM (new car market). Of course, we just made up these automotive acronyms.

"And with federal mileage standards coming for 2016, these systems will continue to become even more prevalent in the marketplace," Woodyard said. "These developments are here to stay."

In an effort to cut dependency on oil, the U.S. government approved legislation in August that requires automakers to reach minimum fuel-economy standards of 35.5 mpg by model year 2016, and 54.5 mpg by model year 2025 for cars and light-duty trucks.

Some automotive purists fear the mandates will spell doom for performance, while lawmakers insist engineers will find a way to blend horsepower with fuel efficiency, and these are necessary guidelines in an energy market bent on becoming leaner and greener.

The U.S. Department of Transportation (DOT) and the U.S. Environmental Protection Agency (EPA) directed the mandates, and the guidelines fall under the watchdog umbrella of the U.S. National Highway Transportation Safety Administration (NHTSA).

Yipes, more acronyms. Perhaps only government uses more ALL CAPS terms than the automobile industry.

When it comes to industry jargon and slang, it's usually tossed around with little or no explanation, nor any definition or context. It's ironic that such terms are parroted by auto writers whose jobs are to break through such jargon. Hey, at least we've provided a glossary below for a few terms — some that are not acronyms — that we're either regularly quizzed about, or feel the need to explain.

Important acronyms

AIRSCARF: Mercedes-Benz clever term for an in-car neck heater

BLIS: Blind Spot Information System, alerts you to traffic moving around you.

CAFE: Corporate Average Fuel Economy

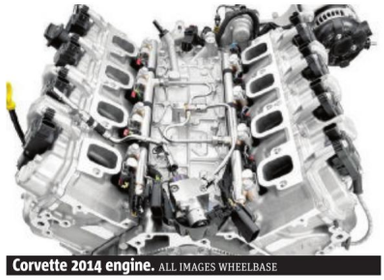
CVT: Continuously Variable Transmission

DSG: Direct Shift Gearbox.

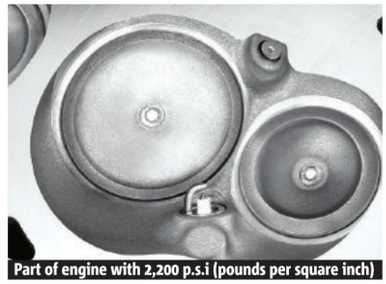
EPAS: Electric Power Assisted Steering

IRS: Not what you think, Independent Rear Suspension

LED: Light Emitting Diode



Corvette 2014 engine. ALL IMAGES WHEELBASE



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Hum through any rough ride

Second Gear.
2006-2010 Hummer H3

PHOTO: WHEELBASE MEDIA

Few machines in recent history combine real-world 4x4 capability and stand-out styling like models from GM's now killed-off Hummer line. The original, military-grade Hummer H1 pops into the minds of the masses when the brand is brought up — though GM successfully marketed a smaller civilian model called the H3, and it came with features including power seats, premium Monsoon audio, a driver computer and more.

Common Issues

Earlier five-cylinder powered models suffered from a cylinder head problem, which could cause potentially severe engine problems. Symptoms may include a rough idle, poor power delivery, or a loud ticking sound. This problem was most likely to present itself while the H3 was still under warranty — though approval from a GM mechanic should be sought, just to be safe. Note that V8-powered H3s aren't affected by this issue. Have a mechanic check the underside for any signs of excessive rust, leaks, or damage caused by careless off-roading. Ensure the H3's 4x4 system can switch between its various modes as described in the owner's manual. If that's not the case, be sure to find out why before agreeing to fork over any cash.

Engine

Standard five-cylinder models packed 220 or 242 horsepower depending on the year, while an available 5.3 litre smallblock V8 turned out 300 ponies.

What owners like

Capability, styling and toughness are some of the most-loved attributes of the H3. A smooth and comfortable ride, small turning circle and easy maneuverability can be expected, too.

What owners dislike

Gripes centre around a cramped rear seat, a small cargo hold and limited at-hand storage up front. Many owners also wish their H3s had more intuitive control placement, too.

Verdict

The H3 should prove a worthy ride for a shopper concerned mainly with style and capability. Those after fuel efficiency, modesty and sensibility are best advised to look elsewhere.

30 ASSORTED DEMO MODELS TO CHOOSE!

DEMO DEMOLITION
AT YORKDALE DUFFERIN MAZDA

2013 MAZDA 6
MILEAGE: 2,147KM

MSRP..... $24,250
Freight..... $1,095
Paint..... $200
Air Tax..... $100
Security..... $499
Wheel Locks..... $59
Preparation..... $600

~~$26,803 +HST~~

FEATURES:
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• Bluetooth • A/C• SW Audio Control • Keyless Entry
• Auto Headlights • Rain Sensing Wipers • Anti-Theft Alarm
• Speed Sensing Door Locks • Trip Computer

DEMO SALE PRICE: $18,995+HST

2012 MAZDA 3 GS SKY
MILEAGE: 12,147KM

MSRP..... $22,740
Freight..... $1,095
Air Tax..... $100
Security..... $499
Wheel Locks..... $59
Preparation..... $600

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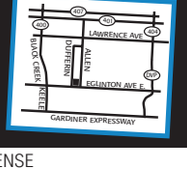

*ALL PRICES ARE CASH DEALS, MAZDA CANADA RETAIL CASH REBATE APPLIED, MAZDA 6 = $5,000, MAZDA 3 = $2,000. ALL PRICES ARE PLUS 13% HST + LICENSE

Your in-car concierge awaits ...

Driving Force.
2013 Infiniti JX is first to offer unique 'luxury segment' service

JIL MCINTOSH
drive@metronews.ca

As fancy as some cars are, there's always a limit. Buyers in the premium segment naturally want luxury and technology, but automakers have to balance several factors, including the cost, what technology is available, and if it can be integrated into a vehicle.

Perception is also a major factor in this field. Buyers have to use and like the features, and feel there is value in them.

In recent years, auto companies have put a premium on time and convenience. Today, some of the hottest "must-have" features are ones that make the vehicle an extension of the driver's itinerary, such as those that let an owner integrate a smartphone and the applications he or she already uses.

Infiniti has taken this a step further with its new Infiniti Personal Assistant, or IPA, which is standard on every 2013 Infiniti model. The owner is given a toll-free number that connects to a "personal concierge," who identifies him through his phone number. The operator will answer just about any request, from hotel reservations and directory assistance, to sports scores, stock market updates, weather forecasts, and more.

"We are the first automotive manufacturer in Canada to offer this," says Michael Kopke, chief marketing manager for Infiniti. "You actually get a human being. You're not hitting 'one' for this and 'two' for that.

"It could be as simple as booking a restaurant or ordering flowers, but when we tested it before launching, we had IPA help with sourcing a refrigerator at the best price and the location to find it."

The service is unusual in that it can be accessed anywhere by telephone, rather than only through the vehicle itself (it will work on a phone paired to the car, of course). While the call connects to a U.S. centre, and information can be obtained for just about anything worldwide, calls from Canada are answered in English or French, and information is Canadian-specific when required.

Depending on the request, answers can be given right away, or sent as a text message or email. Links are included so information can be downloaded into smartphones, such as a Google map or a company's website.

"It's part of being participatory in the luxury segment," Kopke says. "People are busy. If they're not busy with their profession, they're busy with their family lives. We're catering to our customers, whether they're stuck in traffic or taking kids to soccer practice."

Details

- **Older models.** IPA plans can be purchased by drivers who already own a 2012 or older Infiniti vehicle. Several companies offer connection services, such as GM's OnStar, but Infiniti says it is the first to offer a concierge service.

The Infiniti JX comes complete with a concierge who is just a call or email away. HANDOUT

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AS IT IS TO AFFORD.

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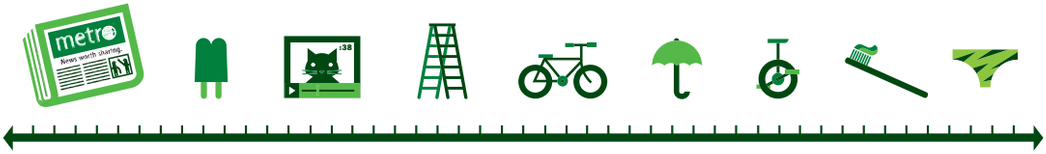

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Horoscopes

♈ Aries
March 21 - April 20
From today on, a relationship issue won't seem so important. Most likely, you have reached the point where someone's negative behaviour no longer annoys you the way it once did. You have more important things to worry about.

♉ Taurus
April 21 - May 21
Mercury's move back into your opposite sign means you won't be able to go your own way or do your own thing for a while. Whatever restrictions are placed on you, just accept them. They're only temporary.

♊ Gemini
May 22 - June 21
Recent events have taken a lot out of you, both physically and mentally, so you really do need to slow down for a while. Put your wellbeing first today, and for the rest of the week. Work can wait.

♋ Cancer
June 22 - July 23
It's time to get serious about your creative endeavours. Most importantly, you need to have a clear picture in your mind of what it is you are aiming to accomplish. And yes, that's "aiming", not just "hoping".

♌ Leo
July 24 - Aug. 23
Your domestic situation is in a period of flux and what happens today will make it obvious that if you don't make changes, other people will. You don't have to act immediately, but you do have to get serious about it.

♍ Virgo
Aug. 24 - Sept. 23
The planets will find ways to tell you that you are taking too much for granted and need to look again at the way you think about, and interact with, the world outside your door. Open your mind to new possibilities.

♎ Libra
Sept. 24 - Oct. 23
You will get another chance to resolve a financial issue that has been casting a shadow over your life in recent weeks. And, this time, you must take it. You already know what needs to be done, so do it.

♏ Scorpio
Oct. 24 - Nov. 22
Mind planet Mercury, which is in one of its retrograde phases, moves back into your sign today. So, most likely, you will have to reconsider an issue you thought had been resolved. Looks like other people don't agree with you.

♐ Sagittarius
Nov. 23 - Dec. 21
How can you change your life for the better? What things can you improve on today so your tomorrows will be more enjoyable? Give it some thought and then get busy. Any day can be a new beginning.

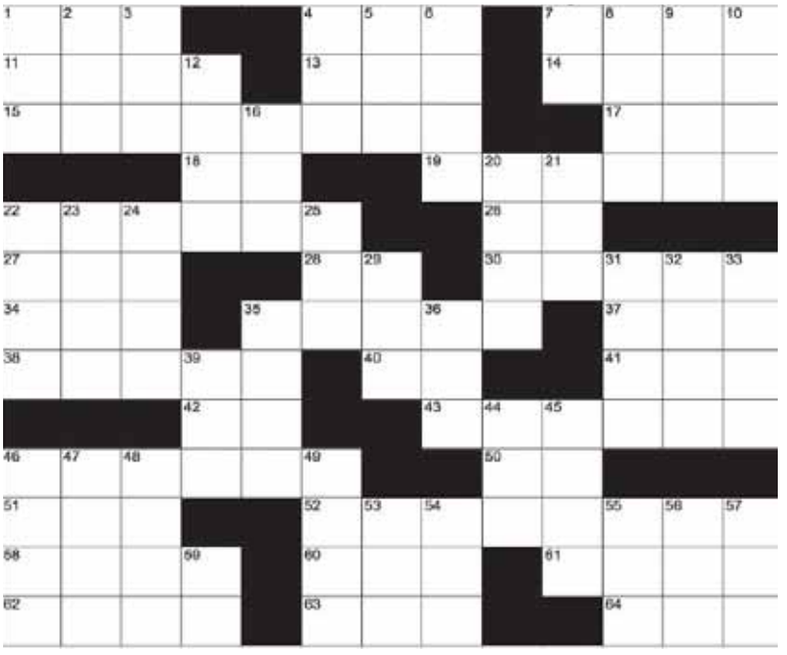
♑ Capricorn
Dec. 22 - Jan. 20
The planets are again trying to tell you that you will only make progress if you find ways to bring others into your plans. Are you the sort of person who knows how to share? If not, maybe it's time to learn.

♒ Aquarius
Jan. 21 - Feb. 19
This is a good time for matters related to your career but you will need to be on your guard. Don't let a rival steal the glory that should have been yours. Use your elbows and barge your way to the front.

♓ Pisces
Feb. 20 - March 20
You may want to be on the move but that may not be possible today. Most likely, you will have to stay where you are and take care of a situation that no one else is qualified to handle. SALLY BROMPTON

Canadian Crossword

BY BETTY MARTIN



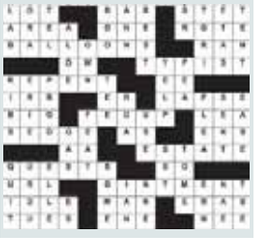
Across

1. Corner —
4. Note paper
7. Trendy New York area
11. Operatic solo
13. "Hold on Tight" gr.
14. Dog and cat menace
15. University or college hearings
17. Carol Burnett tugged on this
18. Dr. Camille Saroyan on Bones (init.)
19. Mistakes
22. Fired (sl.)
26. Ready – Not
27. Mineral
28. Used in the summertime (abbr.)
30. Broadcasted
34. Plural suffix
35. Fireplace coal
37. Actress Gardner
38. Filthy weather
40. St. bordering New York
41. Actor Beatty
42. For example (abbr.)
43. Heads the meeting
46. Stress
50. Little House – the Prairie
51. Quick – – bunny (2 words)
52. Image
58. Allows
60. Boxing great
61. New York canal
62. Star of I Dream of Jeannie
63. Mad —
64. Part of i.e.

Down

1. Guys partner
2. — we there yet?
3. Command for Fido
4. Apiece (abbr.)
5. Lager
6. Rx directive
7. California city (abbr.)
8. Butter substitute
9. Listen
10. Rowboat needs
12. Letter starter
16. Southern Indian tribe
20. Lion's yell
21. Country abbr.
22. Video game slot
23. Math calculation
24. Robert Stack in The Untouchables
25. Water barrier
29. Canadian Broadcasting Corporation (abbr.)
31. Hindi queen
32. For always
33. My Two —
35. Ogles
36. And so on.... (abbr.)
39. Even score
44. Gardening implement
45. Green Gables girl
46. Mrs. Roy Rogers
47. Utilized
48. Merit
49. Shut the door forcefully
53. Island (Fr.)
54. Relative
55. Before (poet.)
56. Family member (abbr.)
57. Lay down
59. "Jurassic Park" actor (init.)

Yesterday's Crossword



What's online

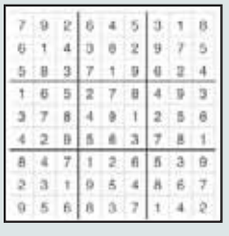
See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

			3	4	6			
	2			5			6	
	6	7				4	1	
		5				9		
8		9		6		7		1
		6				2		
	4	8				3	2	
	9			1			8	
			7	3	8			

Yesterday's Sudoku



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Thursday
6°/1°
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Sorento SX shown△

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2013 FORTE SEDAN

Forte SX shown△

WAS	SALE PRICE	INCLUDES
~~$17,883~~	$13,993‹	EVERYBODY WINS$^{\blacklozenge}$ $1,000

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Offer includes delivery, destination and fees of $1,888, **$2,890 CASH SAVINGS**† and **$1,000 EVERYBODY WINS SAVINGS**$^{\blacklozenge}$ **BASED ON A PURCHASE PRICE OF $17,883.** Offer based on 2013 Forte Sedan LX MT. Dealer order may be necessary.

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KIA — The Power to Surprise

Kia's new Customer Friendly Pricing includes delivery and destination fees and all mandatory government levies. Prices do not include licensing, PPSA or applicable taxes.

Offer(s) available on select new 2012/2013 models through participating dealers to qualified customers who take delivery by November 30th, 2012. Dealers may sell or lease for less. Some conditions apply. Offers are subject to change without notice. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers exclude licensing, registration, insurance, other taxes and down payment (if applicable and unless otherwise specified). Your local dealer may charge additional fees for an administration fee that can range from $0 to $699. Other lease and financing options also available. **0% purchase financing is available on select new 2013 Kia models on approved credit. Terms vary by model and trim, see dealer for complete details. Representative financing example based on 2013 Rio5 LX MT (RO55ID) with a selling price of $16,083 [includes delivery and destination fees of $1,455, $1,000 Everybody Wins savings, tire recycling and filter charges of $34, OMVIC fee, variable dealer administration fees (up to $399), environmental fee and A/C charge ($100, where applicable)] financed at 0% APR for 36 months. 78 bi-weekly payments equal $193 per payment with a down payment/equivalent trade of $0. License, insurance, applicable taxes, PPSA and registration fees are extra. Retailer may sell for less. See dealer for full details. ♦Every eligible contestant will win (subject to correctly answering a skill-testing question) an Instant Win prize consisting of a discount in an amount from $1,000 to $10,000 towards the purchase or lease of any new 2012 or 2013 Kia vehicle. One Grand Prize consisting of a $25,000 cheque will be randomly awarded from among all eligible contestants at the conclusion of the contest. No purchase necessary. Contest open to Canadian residents with a valid driver's license over the age of majority. Odds of winning vary by prize and by region. See kia.ca or your participating Kia dealer for complete contest rules. ≠Bi-weekly finance payment (on approved credit) for new 2013 Sorento LX AT (SR75BD)/2013 Sorento LX AWD (SR75CD) based on a selling price of $29,078/$30,978 is $160/$171 with an APR of 1.49% for 60 months, amortized over an 84-month period. Estimated remaining principal balance of $8,175/$8,738 plus applicable taxes due at end of 60-month period. Offer includes $1,000 Everybody Wins savings, $500 loan savings, delivery and destination fees of $1,650, tire recycling and filter charges of $34, OMVIC fee, variable dealer administration fees (up to $399), environmental fee and A/C charge ($100, where applicable). License, insurance, applicable taxes, PPSA and registration fees are extra. Retailer may sell for less. See dealer for full details. §Loan savings for 2013 Sorento LX AT (SR75BD)/2013 Sorento LX AWD (SR75CD) is $500 and is available on purchase financing only on approved credit. Loan savings vary by model and trim and are deducted from the negotiated selling price before taxes. Some conditions apply. ‹Cash purchase price for 2013 Forte Sedan LX MT (F0540D)/2012 Rondo LX with AC (RN750C) is $13,993/$16,928 and includes a cash savings of $2,890/$5,250 (which is deducted from the negotiated selling price before taxes and cannot be combined with special lease and finance offers), $1,000 Everybody Wins savings, delivery and destination fees of $1,455/$1,650, tire recycling and filter charges of $34, OMVIC fee, variable dealer administration fees (up to $399), environmental fee and A/C charge ($100, where applicable). License, insurance, applicable taxes, PPSA and registration fees are extra. Based on the Manufacturer Suggested Retail Price of $17,883/$23,178. Retailer may sell for less. See dealer for full details. Available at participating dealers. †$2,890/$5,250 cash savings on the cash purchase of an eligible new 2013 Forte Sedan LX MT (F0540D)/2012 Rondo LX with AC (RN750C) from a participating dealer between November 1st – November 30th, 2012. Cash savings is deducted from the negotiated selling price before taxes and cannot be combined with special lease and finance offers. Some conditions apply. See your dealer for complete details. △Model shown Manufacturer Suggested Retail Price for 2013 Sorento 3.5L SX AWD 7-seater (SR75XD)/2013 Forte SX Luxury AT (F074XD)/2012 Rondo EX-V6 Luxury (RN75BC) is $43,045/$27,150/$28,945 and includes delivery and destination fees of $1,650/$1,455/$1,650, environmental fee and A/C charge ($100, where applicable). License, insurance, applicable taxes, variable dealer administration fees (up to $399), tire recycling and filter charges of $34, OMVIC fee, PPSA and registration fees are extra. Retailer may sell for less. See dealer for full details. Available at participating dealers. The First Time Vehicle Buyer Program offer is available on approved credit to eligible retail customers who finance a select new 2012/2013 Rio 4 door, 2012/2013 Rio 5 door, 2012/2013 Forte Sedan, 2012/2013 Forte5, 2012/2013 Forte Koup, or 2012/2013 Soul. Eligible purchase finance customers will receive a credit in the amount of five hundred dollars towards the purchase of their new vehicle. Some conditions apply. See your dealer for complete details. Offer ends January 2nd, 2013. ®The Bluetooth® word mark and logo are registered trademarks and are owned by Bluetooth SIG, Inc. Some conditions apply to the $500 Grad Rebate Program. See dealer or kia.ca for details. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. KIA is a trademark of Kia Motors Corporation and Kia Canada Inc. respectively.